



For Fitness, for Education and for Fun, the MJC Community Education has created an enriching environment with fantastic educators for people of all ages. My son and I have had nothing but positive experiences through the many years of taking courses and have taken much of what we have learned into our everyday lives. My son looks forward to the summer camps, swimming and new sports every year. Although I have dabbled in many wonderful courses, my journey through the "How to Train for a Marathon" class has been the one that changed my life forever and brought me from my couch to the finish line of my first marathon this year. For anyone thinking of trying something new, the classes here are a great place to start! Maybe you'll find a new passion in your life...I know I did!



Heather and Onyx

# CONTENTS

BUSINESS	
Computers	41
Careers	43
FUN	
Arts and Crafts	3
Music	6
Sewing	8
Cooking	8
Dance	10
Activities	11
LIFESTYLE	
Health & Beauty	14
Home & Garden	15
Money Matters	16
Personal Interest	16
Motorcycles	20
TRAVEL	
General Information	49
Day Trips	50
Extended Trips	53
KIDS/TEENS	
Active Activities	21
Cooking	23
Swim Lessons	24
Water Fun	25
Fun to Do	26
Kids Sewing	28
Youth Music	29
Good to Know	30
Camps	34
GENERAL INFORMATION	
<b>GENERAL INFORMATION</b> Maps Registration Form	64 66

**FAQs** 

Welcome to our 2015 summer schedule of classes, programs and events! MJC Community Education has been working hard on an exciting lineup of classes and programs for you. Our team's commitment is to all students who come through our doors, we speak to on the phone or we interact with online. We look forward to meeting and speaking with you.

Featured in our Summer 2015 Schedule:

- Summer Kids Camps
- Swimming
- Lapidary
- Robotics
- Travel Program
- Cooking

Don't wait, come join the many residents that have made MJC Community Education part of their summer plans.

Register Today at www.mjc4life.org.

— Pedro Mendez

Dean of Career Technical Education Community & Workforce Development

# COMMUNITY EDUCATION DEPARTMENT

Elizabeth Orozco-Wittke

Pat Brennan

**Fahimeh Horton** 

Martha Rice

Vicki Vander Veen

Angie Vizcarra

67

### m<sub>J</sub>c4life

# **Adult Fun**

#### ART/CRAFT

#### **Fun Fold Cards**

You won't make just any card in this class, you'll make Fun Fold cards! We'll make plenty of cards that coordinate with summer and beyond, your card kit is all inclusive so decorating and embellishing will be super creative and super simple. Each card will be different in how it's base is folded giving your cards a unique and fun look. You'll look like a paper-crafting pro by the time you're done, perfect for the beginner or the advanced crafter!

**NOTE:** Bring Adhesive (double sided, liquid -not tacky), Glue Dots, Puffy Dots/Squares, Scissors, Paper Trimmer, Bone Folder.

Audra Munoz Aug 6 1 session \$29 + \$20 mat. fee\* Thu 6pm - 9pm John Muir, WC, 161

\*pay \$20 material fee to instructor at class

#### **Dichroic Glass Fusing**

Create your very own handcrafted art glass jewelry pieces.
Design, cut, tack and stack various layers of Dichroic Art glass and small frit pieces onto a solid glass base for a three-dimensional sculptural effect. The term dichroic is used because dichroic glass appears to be one color at one angle and another color at a different angle. Beginner level. All levels welcome. Project: earrings and pendant.

Jean Hayes Aug 4 - Aug 11 2 sessions

\$49 + \$25 mat. fee\* Tue 1:15pm - 4:15pm Stoddard Annex,

Metalcraft

\*pay \$25 material fee to instructor at class

#### **Mosaic Garden Gazing Ball**

This unique mosaic garden art combines traditional glass mosaic with a timeless spherical shape. Indoors or out, this special project will bring charm to your

charm to your patio, garden or home decor. Your design can be as simple as choosing a variety of colors. Bring your creative pattern ideas to class or if you prefer some designs ideas will be available in class.

**NOTE:** To transport your project bring a box with handles or a milk crate, along with towels, and safety glasses.

Linda Salmon Aug 5 - Aug 19 3 sessions \$59 + \$25 mat. fee\* Wed 11:30am - 2pm Art Building, 108

\*pay \$25 material fee to instructor at class

# CHALK PAINT® by Annie Sloan

Become your own decorator in this introductory class! Learn how to transform your furni-



**NOTE:** Material fee required to cover supplies and take-away samples. Class size limited to 12. Materials provided but a small piece of furniture/decor is welcome. Must not be larger than 2x2 ft.

 Lauren Camarata
 \$45 + \$25 mat. fee\*

 Aug 18
 Tue 10am - 1pm

 1 session
 Wawona 2

\*pay \$25 material fee to instructor at class

#### **Jewelry Metal Stamping**

Need a special gift for that hard to buy for person? Make a custom pendant, bracelet or earrings using a metal stamping



technique. No crafting skills necessary! If you can use a hammer, you can learn to make beautiful custom jewelry. This course will introduce students to the basics of metal stamping. Learn the best metals to use, design ideas, basic techniques and hands-on work. You will complete a project of your own design in class! The first project will be a simple initial pendant, followed by a word art piece.

**NOTE:** Bring to class: A 16 oz household hammer; Optional: earplugs. Material fee includes a set of alphabet and numerical stamps that the student will take home, and a variety of metal stamping blanks.

**Debra Greenlee**Jul 14
1 session

\$29 + \$25 mat. fee\* Tue 6pm - 9pm Stoddard Annex, Metalcraft

\*pay \$25 material fee to instructor at class

#### Vintage Mixed Media Jewelry

Learn an artistic take on jewelry design that's a little offbeat, using mixed media. Try your hand at combining a



variety of unusual materials together in the same jewelry piece. Let go and have some fun trying new ways to combine beads with chain, ribbon, cording, wire, buttons and charms, even try your hand at a resin piece, to create an eclectic necklace or bracelet. This class is designed for beginner and intermediate students.

**NOTE:** See some ideas of the things you will be able to create with this class at http://www.pinterest.com/debbithinksdeep/vintage-mixed-media-jewelry-class/. If you have your own jewelry pliers please bring them.

A > Debra Greenlee May 28 1 session \$29 + \$20 mat. fee\* Thu 6pm - 9pm John Muir, WC, 259

B > Debra Greenlee Jul 23 1 session \$29 + \$20 mat. fee\* Thu 6pm - 9pm John Muir, WC, 259

\*pay \$20 material fee to instructor at class



#### Ring Making Workshop

If you love handmade jewelry, but don't know where to start try this beginning class and learn soldering and embellishing techniques for making a sterling silver ring. Take home a stylish, originally designed and handcrafted ring that might spark your passion for jewelry making.

Jean Hayes Jul 21 - Jul 28 2 sessions \$42 + \$15 mat. fee\* Tue 6:30pm - 9:30pm Stoddard Annex, Metalcraft

\*pay \$15 material fee to instructor at class

#### **Beginning Glass Etching**

Come learn the technique of glass etching and find out just how versatile it is. Monogram your glass salad bowl, Pyrex glass pan, or stem ware and



make it easy to recognize your dish or glass at the next gathering. Take old stuff and make it new with glass etching, come join the fun and make unique gifts and projects.

**NOTE:** Wear old clothes. Bring scissors, exacto knife, glue stick, and small towel to class.

Wizzi Wisilinski \$.
Jul 9 Ti
1 session Jo

\$29 + \$12 mat. fee\* Thu 9am - 12pm John Muir, WC, 259

**Wizzi Wisilinski** Aug 20 1 session \$29 + \$12 mat. fee\* Thu 6pm - 9pm John Muir, WC, 259

\*pay \$12 material fee to instructor at class

# Authentic Stained Glass for Beginners

Come join us and learn the skilled art of authentic stained glass. This is an

exciting class in learning the Tiffany style process. No experience necessary. You'll learn to cut



40 pieces of glass and grind them to fit into a beautiful Hummingbird oval panel to proudly hang up for display or give as a wonderful gift when you are finished. This is the same process Louis Comfort Tiffany developed for his spectacular Tiffany lamps. Download the supply list for additional items you have around the house that you'll need later. Other tools and equipment are provided in class.

**NOTE:** Bring to first class safety glasses, old clothes and wear closed-toe shoes, a glass cutter, scissors and glue stick. Ask for a supply list or go to www.mjc.edu/commed

A >Wizzi Wisilinski	\$115 + \$95 mat. fee*
May 26 - Jun 30	Tue 1pm - 4pm
6 sessions	John Muir, WC, 259
B >Wizzi Wisilinski	\$115 + \$95 mat. fee*
в > <b>Wizzi Wisilinski</b> Jul 7 - Aug 11	\$115 + \$95 mat. fee* Tue 1pm - 4pm

<sup>\*</sup>pay \$95 material fee to instructor at class

#### **WORKSHOP - for Authentic Stained Glass Students**

This class is for those that have taken the Beginning class with Wizzi and want to continue working on other projects of their choice. You must have taken a Beginning class from Wizzi in order to register for this class. The class will be held at the same time as the Beginning class. You will select your own projects and purchase your own glass and supplies. Your material fee will depend on the project you select.

**NOTE:** You will select your project and purchase your glass and supplies separately.

chase your glass and supplies separately.	
A >Wizzi Wisilinski	\$75
May 26 - Jun 30	Tue 1pm - 4pm
6 sessions	John Muir, WC, 259
в >Wizzi Wisilinski	\$75
Jul 7 - Aug 11	Tue 1pm - 4pm
6 sessions	John Muir, WC, 259



# **Getting Started with Acrylics**

Acrylics are more versatile than any other medium. Diluted acrylics are transparent and can work like water-colors. Applied thickly they resemble oils, but are easily cleaned up with water. Colors are exuberant; mistakes can be hidden. We will go over different techniques and cover tools, surfaces, and brushes used in this very creative medium. All levels of painters welcome.

**NOTE:** Ask for supply list or go to www.mjc. edu/commed. Don't purchase your supplies until you have confirmed with our office that the class will be held.

Linda Salmon	\$99 + \$10 mat. fee*
Jun 8 - Jul 13	Mon 2pm - 4:30pm
6 sessions	Art Building, 102

<sup>\*</sup>pay \$10 material fee to instructor at class

# Fun with Leisure Watercolor Painting

Don't miss out on this ever-popular class. Our instructor, Linda Salmon, will help you learn and be successful in this great art medium. If you have admired watercolor paintings and thought it would be a fun technique to know, then this class is for YOU. The class is designed for all levels. Learn the basic techniques, color, and composition. You will receive individual assistance and experience the joy of painting with watercolor.

**NOTE:** Material fee will cover supplies for the first two weeks of class. Instructor will talk about supplies to purchase for future classes.

 Linda Salmon
 \$125 + \$10 mat. fee\*

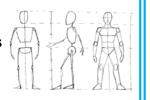
 Jun 10 - Jul 29
 Wed 2pm - 5pm

 8 sessions
 Art Building, 201

<sup>\*</sup>pay \$10 material fee to instructor at class

#### Exploring Drawing Techniques

Whether you are a novice or a seasoned



hobbyist, this class offers you the fundamental techniques used in the creative artistic process. Build up your eye-brain-hand coordination. Graphite, ink and charcoal will be the drawing tools, along with several kinds of paper. Students will be given the opportunity to develop their own drawing styles as they are introduced to basic artistic concepts. Historical and present examples of artists will be studied. You will be pleasantly surprised at how much your drawing will improve after even one session! All levels welcome.

**NOTE:** Bring supplies to first class. Go to www.mjc.edu/commed. Material fee covers supplies used in class. Don't buy supplies until you know the class will go.

 Linda Salmon
 \$99 + \$10 mat. fee\*

 Jul 20 - Aug 17
 Mon 11:30am - 2:30pm

 5 sessions
 Art Building, 201

\*pay \$10 material fee to instructor at class



#### **Drawing in Colored Pencil**

Colored pencils are a fun, safe and a portable way to express oneself artistically. You will focus on basics of color theory and color application while drawing spring flowers. Learn to mix and blend colors and to use pencils to create tone and hue. You will cover a variety of techniques and work on a variety of natural objects or work from photographs. All levels welcome.

**NOTE:** Bring to first class an Artist or Prismacolor 24 (or larger) pencil set. Don't buy supplies until you know the class will go. Material fee covers supplies used in class.

Linda Salmon
Jul 30 - Aug 20
4 sessions
S59 + \$10 mat. fee\*
Thu 11:30am - 2pm
Art Building, 201

\*pay \$10 material fee to instructor at class

#### Floral Design

Students will learn about finding the right supplies, balance and scale. Make a custom centerpiece floral arrangement at each class to take home. Summer offers an array of seasonal blooms to work with.

**NOTE:** Tools to bring to class: Scissors (for ribbon); Scissors and/or small pruner or nippers (appropriate for stems); Wire cutters.

Debra Greenlee \$69 + mat. fee\*
May 7, Jun 4, Thu 11:30am - 2pm
Jul 9, Aug 6 May 7 - John Muir 161
All other dates - John Muir 259

4 sessions

\*\$30 material fee to instructor at EACH CLASS for flowers and supplies

#### MUSIC



#### **Beginning Piano for Adults**

You have always wanted to play piano but it was never the right time? Well, the time is NOW! Piano lessons are great for the hands, mind, and spirit. Come learn in a warm, supportive class. You will work at your own pace on individual keyboards.

**NOTE:** If you have already taken this class and still have the book, call the office at 575-6063 to register without paying for the book. Bring a set of headphones to each class with large adapter, (full set headphones, not earbud style).

debee loyd\$79 + \$10 mat. fee\*Jun 2 - Jul 7Tue 6pm - 8pm6 sessionsMusic Building, 109

\*pay \$10 material fee at registration



www.facebook.com/mjccommed



Have you always wanted to play guitar? This class is for you! Learn to play the songs you love in an enjoyable and pressure-free atmosphere. By learning the basic chords and rhythms, you will be able to play a wide-range of songs in a short period of time. No musical experience necessary. Just bring your quitar. Music will be provided.

**NOTE:** No class July 1. Bring an acoustic quitar to class.

 Susan Janis
 \$59 + \$2 mat. fee\*

 Jun 3 - Jul 15
 Wed 9am - 10am

 6 sessions
 John Muir, WC, 253

\*pay \$2 material fee to instructor at class

## Intermediate Guitar for Adults

This class is intended to be an extension of Adults Beginning Guitar. Students will continue to learn the first position chords, tablature and strum rhythms, as well as learning basic finger picking. Music provided.

**NOTE:** No class July 1. Please bring exact change for \$2 material fee.

 Susan Janis
 \$59 + \$2 mat. fee\*

 Jun 3 - Jul 15
 Wed 7:10pm - 8:10pm

 6 sessions
 Music Building, 111

\*pay \$2 material fee to instructor at class

## Intermediate Guitar for Adults II

This class is intended to be an extension of Adults' Intermediate Guitar. Students should know the basic first-position chords, read tablature and be ready to continue learning various finger-picking styles and strum rhythms. Music provided.

**NOTE:** No class July 1. Please bring exact change for \$2 material fee.

Susan Janis\$59 + \$2 mat. fee\*Jun 3 - Jul 15Wed 6pm - 7pm6 sessionsMusic Building, 111

\*pay \$2 material fee to instructor at class

#### You Can Uke!

Ukulele for beginners or rusty players. Experienced players welcome too. Learn or review fret board, chords, and strums. Relaxed class - No musical background necessary. We'll learn songs made popular by famous ukuleles - from Hawaiian to Rock & Roll and more. Bring your friends and family.

NOTE: Bring any type of ukulele.

 Lorrie Freitas
 \$45 + \$5 mat. fee\*

 Jul 29 - Aug 19
 Wed 6pm - 7:30pm

 4 sessions
 Music Bldg, 115

\*pay \$5 material fee to instructor at class

#### **Folk Harmonica**

new

Breathing is our foundation when playing harmonica for healthy, vibrant living. We will take the

simplest of folk, pop, and blues rhythms and melodies and invigorate them with simple, but powerful, breathing techniques to make any song deeply expressive! No previous musical ability is required - only a desire to have fun and feel more healthy and alive!

**NOTE:** Bring a Major Diatonic Harmonica in the key C, available in class for \$13, if you do not have one. Material fee for instructional CD and handouts.

 David Broida
 \$35 + \$15 mat. fee\*

 Jul 13
 Mon 6pm - 7:30pm

 1 session
 John Muir, WC, 255

\*pay \$15 material fee to instructor at class

#### **Beginning Blues Harmonica**

Beginning Blues Harmonica will get you jammin the blues immediately! Our emphasis will be on playing and having fun as you are introduced to many of the tricks and techniques to make the harmonica cry, laugh, wail and scream! No previous musical experience or harmonica training is required.

**NOTE:** Bring a Major Diatonic Harmonica in the key C, available in class for \$13, if you do not have one. Material fee for instructional CD and handouts.

 David Broida
 \$35 + \$15 mat. fee\*

 Jul 13
 Mon 7:45pm - 9:15pm

 1 session
 John Muir, WC, 255

\*pay \$15 material fee to instructor at class

#### African D'jembe Drumming

Come discover the popular D'jembe drum as you learn to play polyrhythmic phrases and sing folkloric African songs within certain regions of Africa. Helps promotes hand and eye coordination and releases stress. No prior experience necessary, all levels welcome. Drums provided for classroom use.

NOTE: Wear comfortable clothes.

Khemya MitRahina \$5

Jun 9 - Jun 30 Tue 5:45pm - 6:45pm 4 sessions Music Building, 111

# Music Rhythm & Movement

Come lift your spirit and experience the joy and freedom of musical expression, even if you have never played an instrument! Music, Rhythm and Movement is an energetic, dynamic integration of group drumming, singing, music improvisation, and body movement. This popular approach to music is open to all and allows everyone to experience the joy of spontaneous creativity in a mutually supportive, enjoyable and relaxing way. If you play an instrument bring it and join in the fun. Leave the class feeling re-energized and carefree!

Christopher Condon \$59

Jun 10 - Jul 15 Wed 6pm - 7:30pm 6 sessions Dania Hall

### SEWING

#### **Beginning Knitting**

Have you always wanted to knit? Well now's your chance! Learn the basics of knitting - casting on, purling, and binding off. Returning students welcome, bring a project! Learn to knit now and make great gifts for the holidays.

**NOTE:** Material fee includes materials for beginning project.

Carrie Carlile-Ward \$59 + \$12 mat. fee\* Jul 27 - Aug 17 Mon 6:30pm - 9pm 4 sessions John Muir, WC, 264

\*pay \$12 material fee to instructor at class

#### **Adult Sewing**

Do you want to learn how to sew and alter your own clothes or sew items for your home? Maybe you need to learn to use your own sewing machine. This course is designed to help you develop basic sewing skills



and to take the mystery and frustration out of the process of operating a sewing machine. Taught by an expert sewing instructor, you will learn how to operate and troubleshoot a sewing machine, hand-sewing techniques, purchase fabric, cut and sew your project. Projects: double drawstring bag, pillow with zipper and an apron. Patterns are provided.

**NOTE:** If you have your own machine and want to use it, bring it to class, along with bobbins and operating manual. Also bring a pair of scissors, tape measure, seam ripper, seam gauge, magnetic pin cushion, pins (preferably quilting pins) and tailors chalk. Don't purchase supplies until you call our office to confirm class will be held. Ask for supply list or go to www.mjc.edu/commed.

Carrie Carlile-Ward \$119

Jun 9 - Jul 14 Tue 6:30pm - 9pm 6 sessions John Muir, WC, 264

#### COOKING

### **Egg Roll Party**

Learn how to make delicious egg rolls! We will be using pork or vegetarian fillings. Participants will take their own creations home. Encouraging instruction guaranteed!

**NOTE:** Bring apron, knife and chopping board for hands-on experience. Inform Comm. Ed about any food allergies.

Alison Cruz \$29 + \$15 mat. fee\*
Jun 6 \$at 9:30am - 12:30pm
1 session Direct Appliance

\*pay \$15 material fee to instructor at class

#### Chocolate Gifts from the Kitchen

Get ready to have fun making everything with chocolate! Learn how to temper, store and package your sweet treats. Create a variety of different projects like chocolate pretzel sticks, dipped fruit, caramel wraps, filled molds and much more. Each student will take home a box of chocolate treats ready to give as gifts or to share with family.

Lisa Ebina \$29 + \$15 mat. fee\* Wed 6pm - 8pm May 27 1 session Wawona 1

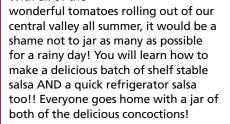
\*pay \$15 material fee to instructor at class

#### Let's Salsa!!



This workshop is basically a great party

with tomatoes as the guest of honor! With all of the



Bambi Porter \$29 + \$15 mat. fee\* Jun 27 Sat 9:30am - 12:30pm 1 session **Direct Appliance** 

\*pay \$15 material fee to instructor at class

#### Jam 'N Jelly

Here in the Central Valley our fruit grows sweet and delicious. At this workshop.



you will learn the basics of making jam and the importance of preserving food safety. You will make a delicious strawberry jam and everyone goes home with jar of our creation.

NOTE: Bring an apron.

**Bambi Porter** \$29 + \$15 mat. fee\* Jun 20 Sat 9:30am - 12:30pm 1 session **Direct Appliance** 

\*pay \$15 material fee to instructor at class

#### Pickle it!!



Pickle is a fun word to say and they are fun to make! At this event you will

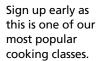


learn how to make pickles in two different ways. You will learn how to make fresh refrigerator pickles and shelf sustainable vinegar brined pickles too. Everyone goes home with their own customized jar of pickled deliciousness! Do not miss this workshop if you have ever thought about making your own delicious pickled vegetables After attending this event you will have the necessary information to begin your own pickle palooza!

**Bambi Porter** \$29 + \$15 mat. fee\* Jul 11 Sat 9:30am - 12:30pm 1 session **Direct Appliance** 

\*pay \$15 material fee to instructor at class

#### **Beginning** Cake **Decorating**





It always fills up! Have fun and be creative! Learn the basic way to bake a cake and the basics of cake decorating. This beginning class uses 1/2 of a sheet cake board to practice pressure and control techniques, borders, flowers and icing a cake. You will only be required to bring one cake on the 6th day of class.

NOTE: Bring the following supplies to the first class: Decorating Tips #3, 4, 16, 30, 47, 67, 71, 80, 104, 136, 190 and 199; 2 couplings; 2 - Wilton 8 decorating bag, 1 - #7 flower nail; 1 - Lily flower Nail Set, 1 - washcloth, 1 cookie sheet and a zip lock bag. Go to www.mjc.edu/commed to download supply list.

**Patsy Laws** \$75 + \$12 mat. fee\* Jul 14 - Aug 25 Tue 6pm - 8pm 7 sessions John Muir, WC, 161

\*pay \$12 material fee to instructor at class

#### The Microwave Gourmet



Microwave cooking is back, and better than ever! We will create gourmet appetizers, entrees, & desserts with your favorite kitchen appliance. Encouraging instruction guaranteed!

NOTE: Bring apron, knife and chopping board for hands-on experience. Inform Comm. Ed about any food allergies.

\$29 + \$15 mat. fee\* Alison Cruz Sat 9:30am - 12:30pm Jun 13 1 session **Direct Appliance** 

\*pay \$15 material fee to instructor at class

#### **Romantic Slow Dancing**

In this class, Eric and Robin Anderson will teach you to move around the floor with the music instead of just turning in little circles in one place! We will work on the basics of leading and following and then move into the steps that will have you gliding across to your favorite slow songs.

NOTE: No partner required, but encouraged in this slow dancing class. Sign up early - last time both classes filled.

A > Eric & Robin Anderson \$39

Jun 16 - Jul 7 Tue 6:15pm - 7:15pm John Muir, WC, 253 4 sessions

B > Eric & Robin Anderson \$39

4 sessions Tue 7:30pm - 8:30pm Jun 16 - Jul 7 John Muir, WC, 253

#### DANCE

#### **Bollywood Dance Class**



Let's Bollywood! Come have fun learning to use head, body and hand gestures in this energetic dance inspired by India. You will find yourself so entertained, you won't realize you also got a workout. Class is open to all levels.

**Meghan Williams** \$49

Jun 8 - Jul 13 Mon 9:30am - 10:30am John Muir, WC, 253 6 sessions

#### **African Caribbean Dance**

Are you tired of the same old dance

routines? Come and learn dances influenced by African, Cuban and the Caribbean traditions and songs. This is a great way to



incorporate unique moves into your next routine or fitness program.

NOTE: Wear comfortable clothes. Dancing barefoot is recommended.

Khemya MitRahina

Jun 9 - Jun 30 Tue 7:10pm - 8:10pm 4 sessions Music Building, 115



#### Cardio Line Dancing for A

Like Zumba but want more dancing? Love dancing but want more options? Then this is your class. Get a workout and learn the latest Line Dances. Many styles and rhythms will be covered: Cha Cha, Disco, Country, Cumbia, Hip Hop and more. Don't get left out...join the Party and get fit!

NOTE: No Partner required. Wear soft sole shoes. Dance sneakers recommended.

Xavier & Heidi Gomez

Jun 16 - Aug 4 Tue 6pm - 7pm 8 sessions You Can Dance Co, Ste P

#### **Latin Party: Salsa and** Cumbia

Spice up your Summer and be a Dancing With The Stars sensation! Learn hot and sexy Salsa dance moves as well as fun and popular Cumbia combos. Gain confidence and get your Latin groove on with us!

NOTE: No partner required. Wear soft-soled shoes.

Xavier & Heidi Gomez \$59

Jun 10 - Jul 29 Wed 7pm - 8pm 8 sessions You Can Dance Co, Ste P

#### **Foxy Swing**



Have fun learning to lead and follow, plus

how to combine lots of fun moves in Swing and Foxtrot. Get your Summer Swinging and

get ready for any social dance occasion!

**NOTE:** No Partner required. Wear hard-soled shoes.

Xavier & Heidi Gomez

Jun 25 - Aug 13

8 sessions

Thu 7pm - 8pm You Can Dance Co.

Suite P

#### ACTIVITIES



# Beginning Yoga and Pilates Style Stretch

If you've always wanted to try Yoga but were afraid of the challenging poses, this is the perfect class for you. Experience the health benefits of increased flexibility and relaxation. Increase back and abdominal strength at your individual level and leave each class feeling refreshed. It is recommended that you consult your doctor prior to starting an exercise program.

**NOTE:** Bring a yoga mat or towel to class. Must be able to climb one flight of stairs. Ask for class forms or go to www.mjc.edu/commed.

Debbie Wolski \$75

Jun 15 - Aug 3 8 sessions

Mon 7:15pm - 8:30pm Village Yoga Center

#### **Yoga Dance**

Carve out time for yourself with a near-bliss experience that merges the best that yoga and dance offer. Learn how to move to music to deepen your mind-body-soul connection. No dance/ yoga experience or partner required. Increase your flexibility and balance while reducing stress and self-consciousness in a no-judgment zone. Fun heals!

**NOTE:** Wear comfortable clothes, bring a yoga mat or beach towel.

Marie Sardalla-Davis \$59

Jun 11 - Jul 23 6 sessions Thu 6:45pm - 7:45pm John Muir, WC, 253

#### Mommy and Me Yoga



The bliss of a new baby is sometimes accompanied by body changes for the new mother.

Allow the yoga experience to tone and firm your body, balance emotions, and enhance positive energy. Access personal tools for constructive transformation, improved flexibility, strength and self-confidence. Bring infant with you to bond as you benefit in this new Mommy and Me class.

Debbie Wolski

Jun 18 - Jul 30 6 sessions \$75

Thu 11:30am - 12:30pm Village Yoga Center

#### **Yoga for Every Body**

Come rediscover the joys of movement! Indulge in these gentle but exhilarating yoga sessions tailored for seniors, plus size people and anyone who feels stiff or creaky. Yoga gives individual pleasure for every size and age increasing flexibility and building strength.

**NOTE:** Bring a towel or yoga mat to each class. Must be able to climb one flight of stairs.

Debbie Wolski

\$75

Jun 9 - Jul 28 Tue 11:30am - 12:45pm 8 sessions Village Yoga Center

#### **Shaolin Kung Fu for Adults** Ages 15+

Experience a small sample of the way Shaolin students train in China. This class is a unique way to get some exercise and learn basic martial arts. Whether you are an active individual, or just need to get off the couch, this course can be both challenging and rewarding. Good for parents and teenagers to try together.

**NOTE:** Wear loose fitting clothes (No shorts), and shoes to wear during training (Not sandals). Bringing water is recommended.

**Brandon Guerra** \$59

Jul 8 - Aug 12 Wed 7:30pm - 8:30pm John Muir, WC, 253 6 sessions

#### T'ai Chi for **Every Body**

This ever-popular class continues to offer quality and professional instruction in T'ai Chi. The slow, relaxing movement reduces stress by promoting a physical and mental workout. It's about gaining self-awareness and self-discipline. Originally a Chinese Martial Art, T'ai Chi is meditative, dance-like in nature, and can also be used as a form of aerobic exercise.

NOTE: Wear comfortable clothing. Ask for class forms or go to www.mjc.edu/commed.

Naser Ataee \$65

Jun 15 - Aug 3 Mon 6pm - 7pm 8 sessions Dania Hall

#### nOODLES of Fun

You will be surprised how many ways you can use a swim noodle in a fitness class on dry land. With a fun mix of fast and slow movements you will build strength, endurance and agility from head to toe. Not only will it be oodles of fun but we'll burn oodles of calories too. ACSM Exercise Physiologists, William & Ann will lead you through safe, effective and fun exercises. Come play with us!

NOTE: It is recommended you consult with your doctor prior to starting an exercise program. For more info go to http://www. waedwards.net/mjcclasses.aspx.

William and Ann Edwards \$79

Jun 9 - Jul 28 Tue 5:30pm - 6:30pm

8 sessions El Capitan



#### How to Train for a Marathon - 0 to 5k

Are you ready to take a few strides towards achieving the goal of participating in a Marathon? Get the training and support you need to prepare for your first 5k race while improving your overall health and fitness. Learn about injury prevention, nutrition, and training techniques to build strength and confidence. You will work at your own pace and comfort level and will receive health tips, coaching and an individualized training plan. All levels welcome.

NOTE: June 1 class meets in Founders Hall, Room 157. No class July 6, Class meets on Tuesday July 7th instead. Meet at the track after the first class session. Attendance to the first class session is required for all new students. Wear comfortable walking/running shoes and bring water.

Kristi Victorino

Jun 1 - Jul 13 Mon 6:45pm - 8pm 7 sessions Founders Hall, 157 (first

class), Track and Fields

Jul 27 - Sep 8 Mon 6:45pm - 8pm 7 sessions Founders Hall, 157 (first (last class on Tues) class) Track and Fields

#### Get on the Ball - Core Conditioning

Are you ready to roll? Swiss ball training is an excellent way to increase your core sta-

bility muscle strength, balance, posture and flexibility. This class is scaled to accommodate every fitness level. William and Ann will lead you through a safe, effective, and fun, whole-body exercise program using only a Swiss ball and a resistance band. You'll be amazed at how many exercises you can do with so little equipment.

**NOTE:** No class on 7/2/15. Bring a Swiss ball, exercise mat and a resistance band. If you do not have a band you can buy one from the instructor. See photos at http:// waedwards.net/mjcclasses.aspx. It is recommended that you consult your doctor prior to starting an exercise program.

William and Ann Edwards \$69

Jun 11 - Jul 30 Thu 5:30pm - 6:30pm 7 sessions John Muir, WC, 253

# Golf for the Absolute Beginner

Don't know a putter from a driver? Have you wanted to join your friends and family for golf but were too embarrassed? Well now you can enjoy a Day on the Green. Come learn the fundamentals of golf in this concise 5-day class. The instructor will go over the rules of golf, etiquette, and play, leading to on-course instruction.

**NOTE:** No class Jul 5. If you have clubs, bring them, otherwise clubs will be provided at no cost. \$3 fee paid *per session* for range balls.

John Banks
Jun 14 - Jul 19
5 sessions
Sun 11am - 12pm
McHenry Golf Center

\*pay \$15 material fee to instructor at class

#### **Golf for 55+ - Beginning**

Always wanted to learn to play golf, but didn't have the time? Come and be with others that now can fit golf into their busy schedules. Learn the basics in this 5-day class. You will learn rules of golf, etiquette, and techniques that will lead to oncourse instruction. So what are you waiting for? Get out, mingle and enjoy the outdoors.

**NOTE:** No class Jul 5. If you have clubs, bring them, otherwise clubs will be provided. \$3 fee paid *per session* for range balls.

John Banks\$55 + \$15 mat. fee\*Jun 14 - Jul 19Sun 10am - 11am5 sessionsMcHenry Golf Center

\*pay \$15 material fee to instructor at class

# Golf for Women Only Beginning

Calling all Ladies! Come and learn about the game of golf in a fun and comfortable environment. In this 5-day course, the instructor will go over the rules of golf, etiquette, and play, leading to on-course instruction.

**NOTE:** No class Jul 5. If you have clubs, bring them, otherwise clubs will be provided. \$3 fee paid *per session* for range balls.

John Banks\$55 + \$15 mat. fee\*Jun 14 - Jul 19Sun 11:30am - 12:30pm5 sessionsMcHenry Golf Center

\*pay \$15 material fee to instructor at class



If you didn't have the chance to master swimming during your childhood, don't worry! There are still opportunities for adults to learn to swim. The instructors will help to build your confidence in the water. The class will be held in the small pool. You will learn skills that will help you in the process of learning to swim, and being comfortable around water. Register early - small classes.

**NOTE:** Swim wear should NOT be cotton.

A > Comm Ed Staff \$40 Jun 2 - Jun 25 Tue, Thu 8 sessions 11:30am - 11:55am MJC Small Pool

B > Comm Ed Staff \$40 Jul 7 - Jul 30 Tue, Thu

8 sessions 11:30pm - 11:55pm MJC Small Pool

### **Aquacize It!**

Exercising in water makes you feel about 90 percent lighter. When you jump or run in the water, your body does not experience the same impact that those moves cause when done on land. This makes it an ideal activity for those with arthritis, back problems, foot or leg injuries, and knee conditions. You can expect to burn between 400 and 500 calories per hour in a water aerobics class (the actual amount will depend on several criteria). By exercising in water you work against 12 times the resistance of air. This helps to develop muscle - which translates to a higher metabolism and healthier body. Of course, another plus, besides being fun, the water helps cover your movements so you don't need to be self-conscious while exercising.

**NOTE:** Before beginning any new exercise program you should first check with your physician. Swim wear should NOT be cotton.

A >Rose Wilson	\$55
May 26 - Jun 25	Tue, Thu 10am - 11am
10 sessions	MJC Small Pool
в >Rose Wilson	\$55
Jul 7 - Aug 6	Tue, Thu 10am - 11am
10 sessions	MJC Small Pool

#### MODESTO AREA AQUATIC CLUB



#### making waves

MAAC is a fitness/competitive USMS Sanctioned Masters Swim Club for the Modesto area's adult community. It is designed for adults who wish to swim in an organized, relaxed, fun atmosphere. Coaches are there to help and provide an appropriately-geared, fitness-oriented workout and stroketechnique feedback.

You will be required to fill out a release of liability form once a year BEFORE you can swim.

#### **Minimum Requirement**

100 yards of freestyle with rhythmic breathing

#### **Fees**

- Insurance \$52 per calendar year (you can sign up for this at www.usms.org OR come to the MJC Community Education with a check made payable to PMS for \$52).
- 2. Swimming \$38 per month. Tri-annual and Annual payment available with discount

Find the swim days and times at the MAAC website at http://maacswim.org.

Dave Ashleigh Aquatic Center, next to the MJC Gymnasium on Coldwell Ave.

Swimmers and class participants should wear only non-cotton swim attire.

# mjc4life Lifestyle

#### HEALTH/BEAUTY

#### **Meditation and Practice**

This class will be an introduction to the practice of Zen. Zen Buddhism was discovered by Buddha in the early 2500's, and it is still widely practiced by Buddhist Monks and laypersons worldwide. The aim of Zen is to achieve enlightenment through meditation, train to clear the mind and practice mindfulness to manage your daily stress by utilizing four main postures, sitting, standing, walking and laying down. Participate in class discussion, book reading and meditation exercises.

**NOTE:** Bring a yoga mat and cushion. Wear comfortable clothes. Bring book: The Miracle of Mindfulness by Thich Nhat Hanh with the ISBN #0-8070-1239-4.

Douglas Pham \$55

May 27 - Jul 1 Wed 6pm - 7pm 6 sessions John Muir, WC, 253

#### Let Food Be Your Medicine

Most chronic diseases, including arthritis, asthma, cancer, diabetes, heart disease, and osteoporosis, are largely the result of a panimal based diet. Whil

and osteoporosis, are largely the result of a processed food, animal based diet. While their symptoms are often treated with increasingly expensive drugs and sometimes surgical procedures, you can help prevent, and in some cases even reverse, them by adopting a whole food, plant-based diet. This class explains why the former diet does such damage, and why the latter diet does such good. Effects of animal based foods, processed foods, and plant and whole foods are also discussed. This is not a cooking class.

NOTE: Bring a note book and pen.

Tawfik Saleh \$35

Jun 24 Wed 6pm - 9pm 1 session John Muir, WC, 260

#### HOME/GARDEN

#### Stained Glass: Garden **Stepping Stone**

Come make a fun, decorative stepping stone. Stepping stones can perk up your yard or make a nice gift for a friend. Three designs will be provided for you



to choose from for your stepping stone - a hummingbird, cancer ribbon, or lighthouse. You will be working with stained glass and learning to cut and grind. No previous experience with stained glass is required.

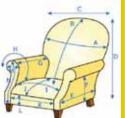
NOTE: Wear old clothes. Bring scissors, glue stick, glass cutter, and small towel to class. See photo of other stepping stones at www. mic.edu/commed.

Wizzi Wisilinski \$49 + \$25 mat. fee\* Jul 9 - Jul 16 Thu 1:30pm - 4:30pm 2 sessions John Muir, WC, 259

\*pay \$25 material fee to instructor at class

#### **Beginning Upholstery and** Beyond

In this beginning upholstery class you will discover how to create a niche in a craft that could lead to side jobs and extra cash. Learn



fabric layout for cutting, how to use power sewing equipment and hand tools for basic furniture and automobile upholstery. In addition to learning a new skill, students receive first-hand knowledge on starting and operating an upholstery business. Areas covered will be supply distributors, equipment, bidding and selling jobs, re-sale license, yardage charts, and much more.

**NOTE:** Instructor will discuss projects at the first class. Bring pictures of proposed projects to first class for instructor review.

Robert Peck \$89 + \$25 mat. fee\* Jun 17 - Jul 22 Wed 6pm - 9pm John Muir, WC, 259 6 sessions

\*pay \$25 material fee to instructor at class

#### Water Conservation for your Home Garden

California has the driest

summers in the whole country, and that's the Central Valley's primary growing



season! Learn how you can shape your garden to capture rain when it does come, extend the season you can grow without irrigation and reduce irrigation when you do use it. Simple techniques will allow you to put theory into practice in your own backyard by lessening and delaying the need to water. Discussion of low water use plants and their uses in the landscape will also be covered.

A > Martin Hildebrandt \$29 + \$5 mat. fee\* Thu 6pm - 9pm May 28 Wawona 2 1 session

B > Martin Hildebrandt \$29 + \$5 mat. fee\* Jun 25 Thu 6pm - 9pm 1 session Agriculture Bldg, 124

\*pay \$5 material fee to instructor at class

#### Water-Saving Landscape Sprinklers

Did you know outdoor watering makes up

nearly half of water use in urban and suburban areas of California? We are being asked to



conserve more water due to the drought. Now more than ever, it's important to design a sprinkler system that is effective and efficient. Learn how a basic sprinkler system works, understand sprinkler coverage and pressure, and identify different irrigation equipment and its effective use. This class will also help you learn how to convert your existing sprinkler system into a water conserving system by replacing a few parts.

**Hank Moore** 

Wed 6pm - 9pm Aug 12 1 session Agriculture Bldg, 128



#### Water Saving Landscape **Design Workshop**

Plan a beautiful, water-saving and functional outdoor living space with Hank, a well-known landscape designer/contractor in our area. Learn about balance, function and design philosophy. Learn how to choose various plant materials, including drought-tolerant plants and hardscapes. Apply these principles to cut back on water, while keeping an attractive landscape design which suits both your home and personal tastes. Students are encouraged to bring photos of their yard space. The final session is a one-on-one meeting with the instructor in class to review your individual plan. Whether you are a do-it-yourselfer, or or want to share your ideas with a professional, this class is for you.

NOTE: Bring a note pad to class.

**Hank Moore** \$45

Aug 19 - Aug 26 Wed 6pm - 9pm Founders Hall, 212 2 sessions

#### I'm An Executor or Trustee -Now What?

Now that you have been named in a

will as the executor/ trustee of an estate, you may need this hands-on A-to-Z



course that explains the duties, obligations and liabilities of an executor/ trustee. This comprehensive overview of issues, including everything from commencing the probate process through the closing of the estate, is designed to address the concerns you may have when faced with this seemingly overwhelming task. Learn to proceed efficiently and effectively and gain the confidence that comes from being informed. The instructor is an attorney.

NOTE: Bring a note pad. The class size is limited to allow for ample student questions. Please pre-register, as walk-ins will not be accepted if class is full.

**Bruce Ramsey** \$39

Jul 9 Thu 6:30pm - 8:30pm 1 session Founders Hall, 135

#### **PERSONAL INTEREST**

#### **MONEY MATTERS**

#### Wills and Trusts: What You **Should Know**

This class is for people who want to know more about estate planning. This class will discuss the basics of wills, trusts and powers of attorney. The instructor is attorney Bruce E. Ramsey. Questions will be answered.

NOTE: Bring a note pad. The class size is limited to allow for ample student questions. Please pre-register, as walk-ins will not be accepted if class is full.

**Bruce Ramsey** 

Thu 6:30pm - 8:30pm Jun 18 1 session Founders Hall, 135

#### **Succulent Wild** Woman This is a self-

awareness class in the form of humor and a light heartiness of soul and spirit. It is about

the Law of Attraction and learning who you are as a woman in all phases of your life. It is journaling, writing, drawing and most of all an investigation of one's interior.

Sonja Radinovich \$45 + \$5 mat. fee\* May 27 - Jun 3 Wed 6:30pm - 8:30pm 2 sessions Wawona 2

\*pay \$5 material fee to instructor at class



Welcome to the new GED test Preparation class. The old 2002 Paper Series GED Test has been converted to a computer-based mode effective January 2014. What happens if you didn't finish by December 31, 2013? Any scores you had on file under the old 2002 series will be voided. What does this mean for you? You will start all over using the new 2014 Series GED on a testing-site computer. What should you do? Get familiar with the new computer based exam. Community Education has redesigned its five subject matter coursework to align with the Common Core Standards of the new GED exam. On the first day of class, students will take an assessment test. This test will help the instructor determine the correct study materials for each student.

GED - Level 1 - Fundamental skills

**GED** - Level 2 - Intermediate skills *and* computer time. Offers more days and access to take official GED practice test in computer lab. *No computer skills needed.* 

**NOTE:** No class on July 2. If you took the Fall 2014 or Winter 2015 GED class and are re-registering for one of the 2015 GED classes but already have the book please call the office at 575-6063 to register at a discounted price. This placement test will ensure students will get the most out of the classes. Some students may need to repeat the class or study on their own in order to be ready to take the test.

#### GED - Level 1 - no computer lab

 Brenda Smith
 \$99 + \$35 mat. fee\*

 Jun 3 - Jul 13
 Mon, Wed 6pm - 9pm

 12 sessions
 John Muir, WC, 261

GED - Level 2 - includes 4 days in

computer lab

Willie Loeser
Jun 16 - Aug 27
20 sessions
John Muir, WC, 261
and 152 (computer lab)

\*pay \$35 material fee at registration

# Frequently Asked Questions About the New GED Test

(from GED Testing Service website)

Anyone needing to take the GED **MUST** take it on a computer at an **official testing center.** An "online" GED test is most likely a scam. The GED test is computerized, but NOT online. Official GED website: www.gedtestingservice.com.

MJC's course will help you prepare to take the Official GED test along with computerized practice testing.

#### What is the test format?

The test is on computer.

### Is keyboarding speed an issue? How does this influence test time?

Testing has shown that test-takers with minimal keyboarding skills have adequate time.

### What is the breakdown of the four tests by time?

The GED test will total about 7 1/2 hours with the timing as follows:

#### **Reasoning through Language Arts**

- 150 minutes - testing is divided into three sections.

**Mathematical Reasoning** - 115 minutes in one single section.

**Social Studies** - 90 minutes - testing is divided into two sections:

**Science** - 90 minutes in one single section.

### Will there be multiple versions of each subject test?

Yes, multiple versions of the test will be given to test-takers who don't pass on their first attempt. The 2014 GED test offers three versions in English and three versions in Spanish.

#### Are practice tests available?

Yes, there are practice GED tests available on the official GED testing site - www. gedtestingservice.com.

To schedule and pay for your test: www.gedtestingservice.com.

#### Information from local testing site:

Stanislaus County Office of Education 715 13th Street, Modesto, CA 209 238-6502



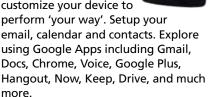
In this "Cord Cutting" class we will learn about streaming TV solutions that can save you money on your cable bills. Showcase how to use devices including Apple TV, Roku, Chromecast, Fire TV, and Nexus Player. Learn about services such as Netflix, Hulu, and more. Come and find out what devices and services will work best for you.

**Matthew Ketchum** \$35

Jun 8 Mon 6pm - 9pm John Muir, WC, 255 1 session

#### All About Android

Google's Android is the number one system on mobile devices. Bring your Android smartphone, tablet, or mobile device to the class and connect to our free and fast Wi-Fi to discover how to customize your device to



NOTE: Bring your fully-charged android smartphone, tablet or mobile device and wall charger to each class. This class is not for iPhone or iPad users.

\$49 Matt Ketchum

Jul 14 - Jul 16 Tue, Thu 6pm - 9pm 2 sessions John Muir, WC, 260

#### Your New iPad -Demystify It!

Apple's iPad and iPad mini are popular



tablets that have changed the way we use computers. Find out the basics

of using the iPad, along with other features like iCloud, Siri, Safari, and the App Store. Learn how to use iOS, Wi-Fi, Bluetooth, installing and managing apps, general settings, and security. We will also use apps such as Messages, Camera, Facetime, Photos, Calendar, Mail, Notes, and Reminders. We will also discover and understand how to use several of the top apps that are featured for the iPad. You will also learn how to connect your iPad to your TV. Make sure your device is fully charged before coming to class and don't forget to bring your wall charger as well.

NOTE: Bring your iPad and charger to class.

Matt Ketchum \$49

May 27 - Jun 3 Wed 6pm - 9pm 2 sessions John Muir, WC, 255

#### Self-Defense for Women

This class will address common self-defense scenarios and offer practical methods of protection.



Recognizing places and situations in which you are vulnerable, learning the importance of self-awareness, and practicing skills and techniques to defend yourself will be the focus of this 4 week course. A warning: discussions about violence will at times be explicit and straight forward with scenarios such as being attacked in one's home, or with a weapon. Students will practice moderate level take downs. For those who are not physically active, or elderly, it is recommended they only observe the take-down. Instructor Brandon Guerra is a 2nd degree black belt in Aikido, and is also an instructor of Shaolin Kung Fu.

**NOTE:** Wear comfortable clothes.

**Brandon Guerra** 

Jul 8 - Jul 29 Wed 5:45pm - 7:15pm 4 sessions John Muir, WC, 253

























#### Introduction to Writing a Children's Book

In this workshop you will be introduced to the genre of children's books, learn about essential characteristics of children's, and get started with writing and revising. This course has no prerequisites; it's an introduction to the genre and to the business of children's book publishing. You can come with just curiosity, an idea or a manuscript. All levels welcome. Ilse Craane has worked in publishing for more than 6 years. She has a MA in English Literature, specializing in children's fantasy books. Currently, she works for an agency for children's book writers and illustrators.

NOTE: If you want to submit a manuscript. proposal, query letter and/or synopsis to Ilse for critique, there will be a \$15 fee.

Ilse Craane \$35 + \$2 mat. fee\* Jun 11 Thu 6pm - 9pm 1 session John Muir, WC, 261

\*pay \$2 material fee to instructor at class



#### How to Get Your Children's **Book Published**

In this workshop, you will receive information, advice and tips on how to get your children's book published. Together we'll work on how to present your manuscript to increase its chances of getting picked up by a publisher. The class will focus on trade publishing. Ilse's other courses Introduction to Writing a Children's Book and Writing and Developing a Children's Book can be useful, but are not prerequisites. All levels welcome.

NOTE: If you want to submit a manuscript, proposal, query letter and/or synopsis to Ilse for critique, there will be a \$15 fee.

Ilse Craane \$35 + \$2 mat. fee\* Jul 27 Mon 6pm - 9pm John Muir, WC, 261 1 session

\*pay \$2 material fee to instructor at class



#### Children's Picture Books **Writing Workshop**

Have you ever wondered what makes those award-winning, best-selling picture books so great? In this class, you'll discover what makes those children's stories that you love TICK. We'll do close reading of at least a dozen picture books to discover the mechanics of this genre and we'll practice those tricks in writing or revising our own picture book stories. This course has no prerequisites; it's an investigation into the genre. You can come with just curiosity, an idea or a manuscript. All levels welcome. Ilse Craane has worked in publishing for more than 6 years. She has a MA in English Literature, specializing in children's fantasy books. Currently, she works for an agency for children's book writers and illustrators.

**NOTE:** Students will need to bring to class: "Henry and the Cannons" by Don Brown, "Velma Gratch and the Way Cool Butterfly" by Alan Madison (illustrated by Kevin Hawkes), "A Long Way" by Katherine Ayres (illustrated by Tricia Tusa).

Ilse Craane \$59 + \$2 mat. fee\* Aug 13 - Aug 27 Thu 9am - 12pm 3 sessions Wawona 2

\*pay \$2 material fee to instructor at class



# Motorcycle and Scooter **Training**

This CHP-approved training is designed primarily for beginning and inexperienced motorcyclists of all ages. It consists of 7 hours classroom and 10 hours oncycle instruction of safe, responsible motorcycling.

Are you an experienced rider, but without a motorcycle license? The vehicle code in California allows for the impound of your motorcycle if you are caught riding without a M1 (motorcycle license) endorsement on your license. Law Enforcement officers don't always impound, but a high percentage do. Towing costs, storage cost and the cost of the ticket all add up to high fees.

CA AB1952 - This law requires a person under 21 years of age to complete the CMSP Motorcyclist Training Course before being issued a motorcycle instruction permit. The law requires the permit to be held for six months before a class M1 motorcycle driver license is issued.

#### 1. When are the classes?

We hold 2 classes per week (A & B):

A Class - Thursday . . . 6:30pm - 10:00pm Saturday . . . 6:00am - 3:00pm Sunday . . . . 6:00am -11:00am

Thursday . . . 6:30pm - 10:00pm B Class -Saturday . . . 8:00am - 5:00pm Sunday . . . . 11:30am - 4:30pm

You will attend a total of at least 17 hours of instruction, including both classroom and range time. Times may vary, check the schedule.

#### 2. How much does it cost?

21 years of age or over - \$258

15-1/2 - 20 years old at time of registration - \$180

The State requires this course for anyone under 21 who wants to obtain a M1 permit/license.

#### 3. What happens after I complete the course?

Once you successfully complete the motorcycle class, our office will process the paperwork, and mail you a certificate within 2 weeks. Take the certificate to the DMV and it will waive the riding portion of the DMV requirements. There is no guarantee of license. If students are Counseled Out for safety reasons, or are unsuccessful on the Skills Evaluation, they will have the opportunity to return for a second try at no additional cost.

#### 4. What type of motorcycles?

We provide the motorcycles for the range portion of the class. They are Honda Nighthawks and Rebels - 250cc.

#### 5. What if I have a Scooter?

If you have a scooter, please let us know when you register. There are special requirements for scooter training. For more information call our office at 575-6063.

#### 6. What do I need to bring?

We provide the helmets if you need one - if you bring your own it needs to be DOT approved (3/4 or full). On the days you ride you will need: Heavy jeans; Long sleeve shirt that covers the wrists; Eye protection (can be sun glasses, eye glasses or the visor for your helmet); Full-finger leather gloves; Heavy boots that cover the ankle (Canvas tennis shoes are not heavy enough - can use hiking boots, riding boots, work boots).

#### 7. How do I sign up?

If you are 21 or over you can register online at www.mjc4life.org, by phone or

If you are under 21, you must register by phone or in person in order to receive the \$78 "under 21" discount.

**NOTE: The additional \$3 registration** fee DOES NOT apply to motorcycle registrations.

# mıc4life Kids / Teens

#### **ACTIVE ACTIVITIES**

#### Court Sports (Ages 10-13)

Back by popular demand. Hey kids come spend some time this summer learning a team game. Court Sports offers a variety of indoor sports and fun! You will participate in basketball, volleyball, dodge ball and several other creative games and activities. Come learn to dribble, dodge, block and serve! Teamwork will be the name of the game, so come make new friends or sign up with a friend and learn new skills! Participants will be grouped by ages and skill levels. Wear tennis shoes.

**NOTE:** Release form required for this class. Bring water with your name on the bottle.

Tvler Tuss \$65 + \$2 mat. fee\* Jun 1 - Jun 11 Mon, Tue, Wed, Thu 8 sessions 9am - 11:30am Gymnasium

\*pay \$2 material fee to instructor at class

#### **MJC Summer Basketball** Camp for Boys and Girls

For boys and girls entering grades 1 through 8. Camp is conducted by MJC coach Paul Brogan and his staff and assisted by MJC men's and women's players. The camp is designed to focus on improvement through fundamental drills and games. Print off a liability form, sign and bring to first day of class. http://www.mjc4life.org - select "Release of Liability" on left navigation bar, print off, fill out and sign, and bring to first day of class.

NOTE: Print off a liability form, sign and bring to first day of class. www.mjc4life. org - select "Release of Liability" on left navigation bar, print off, fill out and sign, and bring to first day of class.

Jordan Jones \$100

Jun 15 - Jun 18 4 sessions

Mon, Tue, Wed, Thu 10am - 12pm Gymnasium

#### **Shaolin Kung Fu for** Kids (Ages 6-9)

At a young age children can be introduced to the martial arts and all its benefits. Activities will challenge the students in various ways such as: coordination through movement, stretching and strengthening the body, and rudimentary martial arts training. But, just as important as getting good exercise, Shaolin students must learn respect and proper behavior toward others, as well as understanding the value of practice and hard work. This is a non-competitive class.

**NOTE:** Students must wear loose fitting clothing (NO SHORTS), and shoes to wear during practice (NOT SANDALS). Bringing water is recommended.

**Brandon Guerra** Jun 8 - Jul 13

6 sessions

Mon 2pm - 2:45pm John Muir, WC, 253

### Shaolin Kung Fu for **Kids (Ages 10-14)**

Shaolin Kung Fu is one of the oldest existing martial arts systems in the world, having originated in China more then 1200 years ago. Excercises in stretching, jumping, breathing, throwing and striking have been passed down for generations. This class will cover the first steps of Wu Bu Quan, a basic form all Shaolin students must learn; as well as Sanda basics, such as strikes and takedowns. This class is non-competitive, and students will be required to work together in a safe and cooperative manner.

**NOTE:** Students must wear loose fitting clothing (NO SHORTS), and shoes to wear during training (NOT SANDALS). Bringing water is recommended.

**Brandon Guerra** 

Jun 8 - Jul 13 6 sessions

Mon 3pm - 4pm John Muir, WC, 253

See Page 12 for Kung Fu Ages 15 - Adult



Make fitness fun by taking Yoga Adventures, stretching the imagination as you stretch your body! Playful instruction designed for children introduces breathing techniques, builds social skills, self-confidence and focus.

NOTE: Wear loose clothing.

Debbie Wolski

Jun 19 - Jul 31 Fri 3:30pm - 4:15pm

6 sessions Village Yoga



#### Volleyball Academy (Ages 10-17)

This 12-day academy will prepare beginning and advance players trying out for their school teams. Players will leave the academy with confidence, knowledgeable is all aspects to play the game: volleyball terms and definitions, offensive and defensive positions, passing, setting, attacking, serving, and digging techniques, along with team concepts. Athletes will receive daily sport-specific training as well as fitness assessments (ie Vertical Jump)and athletic nutrition information. For both girls and boys. Players will be grouped based on experience. Beginner to advanced levels welcome.

NOTE: Kids will receive an academy t-shirt.

\$199 + \$10 mat. fee\* Brenda Moser Jul 13 - 30 Mon, Tue, Wed. Thu 9am - 12pm 12 sessions Gymnasium

\*pay \$10 material fee to instructor at class.

#### **Beginning Golf for Kids** (Ages 7-13)

This is a course for students to learn the fundamentals of golf. This includes rules of golf, etiquette, and play (putting, chipping, pitching and full swing) leading to on-course instruction.

NOTE: No class 7/5/15. If you have clubs, bring them, otherwise clubs will be provided at no cost. Material fee (for cost of range balls for 5-week session) paid to instructor at the first class. Ask for class forms or go to www.mjc.edu/commed.

John Banks \$55 + \$15 mat. fee\* Jun 14 - Jul 19 Sun 9am - 10am 5 sessions McHenry Golf Center

\*pay \$15 material fee to instructor at class

#### **Hip Hop Dance for Kids** (Ages 6-9)

Have fun learning cool hip-hop moves! This class is one that combines fun and upbeat music with age-appropriate hip hop choreography. Hip hop is a style that is sure to enhance students' rhythm, coordination, and musicality. No experience required.

NOTE: Wear comfortable clothes. No flip flops or sandals.

Meghan

Williams Mon 10:45am - 11:45am

June 8 - Jul 13 11:45am

6 sessions John Muir, WC, 253

#### Ballet: "Let it Go!" (Ages 5-7)

Inspired by the movie Frozen™ kids will have fun in this introduction to ballet class. Your child can come to class dressed for the part to learn the five positions of ballet and fundamental steps required to complete short combinations.

NOTE: Child must be 5 years old - no excep-

A SEmma Rerdino \$55 Jun 2 - Jun 18 Tue, Thu 6 sessions 9:30am - 10:30am John Muir, WC, 253

в >Sarah Avila \$55 Jul 15 - Aug 3 Mon, Wed 6 sessions 4:30pm - 5:30pm John Muir, WC, 253

#### **Bollywood Dancing for Kids** (Ages 8-14)



Get grooving to Bollywood beats this summer and learn some cool dance moves and experience Indian culture in a fun and "hip" way!

NOTE: Wear comfortable clothes. No flip flops or sandals.

Meghan Williams \$49

Jun 8 - Jul 13 Mon 12:30pm - 1:30pm 6 sessions John Muir, WC, 253

#### **Kids Dance Mix** (Ages 12-16)



Kids get ready to stretch, jump, turn and move. This class brings together Jazz, Ballet and Hip Hop.

This class is appropriate for those who have never danced and also those with some dance experience. Learn warm ups, across the floor techniques and a routine.

Christina Rhoads

Jun 10 - Jul 29 Wed 5pm - 6:15pm 8 sessions John Muir, WC, 253

#### COOKING FOR KIDS

#### **Summer Cooking Academy** for Kids (Ages 11-14)

Spend your summer learning fundamental kitchen skills as you as you create amazing dishes! We will have one theme per day: All-American Picnic, Brunch Bonanza, Tour of Asia, Mexican Fiesta, and



Italian Treats. Each day, students will prepare and enjoy delicious and nutritious meals, with patient, encouraging instruction. Please inform Community Ed regarding food allergies.

NOTE: Bring apron, cutting board, and chopping knife.

Alison Cruz \$99 + \$60 mat. fee\* Jul 20 - Jul 24 Mon, Tue, Wed, Thu, Fri 5 sessions 10am - 12:30pm **Direct Appliance** 

\*pay \$60 material fee to instructor at class

#### **Kids Beginning Cake Decorating (Ages 8-14)**

Kids can explore the basics of cake decorating while discovering their creativity. This beginning class uses 1/2 of a sheet cake board to practice icing fun with basic borders and flowers. At the end of the class kids have an edible masterpiece they can proudly enjoy with family and friends.

NOTE: Kids must bring their supplies on first day of class. Bring to class: 1 - 8 in. Wilton decorating bag with bag coupling, Lily Flower nail kit, #7 flower nail and the following decorating tips: #4, #16, #30, #47, #67, #71, #104, #136, #190, #199 and #2-F. 1 wash cloth, cookie sheet and zip-lock bag. For more details on the supply list please go to www.mjc.edu/commed.

**Patsy Laws** \$55 + \$10 mat. fee\* Jun 16 - Jul 7 Tue 3pm - 5pm John Muir, WC, 161 4 sessions

\*pay \$10 material fee to instructor at class



#### **Edible Creations** (Ages 7-12)

Students will create zany edible art in

this food inspired class. Come prepared to play with your food and eat delicious snacks. From edible scenes to animal shapes, anything is possible with food! Not only do the snacks taste good but they are healthy too! Make snacks and meals in a way that even the pickiest eaters will love.

**Brooke Atwood** \$29 + \$10 mat. fee\* Jun 2 - Jun 4 Tue, Thu

11:15am - 12:15pm 2 sessions Wawona 1

\*pay \$10 material fee to instructor at class

#### Chocolate Fun for **Kids (Ages 9-13)**

Who needs Charlie when we have our own Chocolate factory this summer. In this class kids will learn about chocolate and make a variety of yummy chocolate projects to take home.

Lisa Ebina \$20 + \$15 mat. fee\* Jul 1 Wed 6pm - 7:30pm Wawona 1 1 session

\*pay \$15 material fee to instructor at class

# Learn to Swim at MJC

Lesson Schedule: www.mjc.edu/commed ◆ Register: www.mjc4life.org

NEW! - Pre-school Level - Ages 3-5
Child must be potty trained - No diapers or pull ups

#### 3 Levels to Choose From for Ages 5-12



Review the levels and select the one that best fits your child. If you are unsure about some of the skills - sign them up for the lower level. We won't be able to move them to another class if the class is full. Your child may need to repeat a level more than one time to move to the next level. **No cotton swim wear.** 

If you register by phone, in person, fax or mail there will be an additional \$3 fee added to your registration.

Register at www.mjc4life.org and save \$3.

#### Download the entire schedule at www.mjc4life.org

June 1-11 ◆ June 15-25 ◆ July 6-16 ◆ July 20-30 (All classes M-Th)

#### Tadpole (Pre-School) Ages 3-5

Child will learn the following skills with assistance from coaches

- Blow bubbles for 10 seconds
- 5 bobs with assistance
- Supported float on front/back
- Glide with assistance on front/back
- Safely enter and exit water
- Demonstrate combined front/back stroke using arms/kick movements with support

#### Pollywog (Levels 1 & 2) Ages 5-12

The child must complete all the skills to go to Level 3. If child is 5 yrs old, and can do the Pre-School skills - register them for Pollywogs.

#### **Skills Learned in Level 1**

- Submerge under water 3 seconds
- Front/back float for 5 seconds
- Front/back glide for 5 seconds
- 5 bobs without assistance
- Combined front/back stroke using kick/arms without support

#### **Skills Learned in Level 2**

- Retrieve object from bottom
- 10 bobs Jump from side of pool
- Move from front/back stroke using kick/arm movements for 5 yards
- Combined front/back stroke using kick/arms without support 5 yds

#### **Goldfish (Level 3)**

Once your child can perform skills in Levels 1 & 2 without assistance, they are ready to advance to Goldfish. In Goldfish the child will learn correct swim strokes and work on endurance.

#### **Skills Learned in Level 3**

- Retrieve an object from bottom
- Tread water for 1 minute
- Swim freestyle (front crawl) 15 yds
- Swim backstroke for 15 vds
- Swim Elem. back stroke 15 yds
- Demonstrate sitting/kneeling dives

#### Dolphin (Levels 4 & 5)

#### Skills Learned in Level 4

- Tread water for 2 minutes
- Full 25 yd of freestyle with side breathing
- 15 yds of breast stroke
- 15 yds of butterfly
- Flip turns / open turns
- A standing dive

#### Skills Learned in Level 5

- 50 yds of freestyle with flip turn
- 50 yds of backstroke with flip turn
- 25 yds of breaststroke
- 25 yds of butterfly
- Competition dive from block

#### WATER FUN

#### **Learn to Swim** Ages 11-17

This class was created for older children/teens who have not had the opportunity to learn to swim. The class will be held in the small pool. The swim instructors will work with the students to help them overcome their fears and learn techniques to be safe in and around the water. No cotton swim wear.

A >Swim Instructor	\$40
Jun 2 - Jun 25	Tue, Thu
8 sessions	11am - 11:25am
	MJC Small Pool
в >Swim Instructor	\$40
Jul 7 - Jul 30	Tue, Thu
8 sessions	11am - 11:25am
	MJC Small Pool



#### Competitive Swimming at its Best!

The Blue Tide Aquatics is a USA and summer league swim team. Local and travel swim meets available for all swimmers. Blue Tide swimmers can swim year round.

Focus on stroke mechanics and strong swimming skills.

Level 1: (Ages 5-8) 25 yards Freestyle with a consistent kick

**Level 2:** (Ages 7-11) 50 Freestyle/25 Backstroke

**Level 3:** (Ages 9-12) Legal 200 IM

Senior: (Ages 13 & up) Coach

placement

See Blue Tide website for more information

http://www.bluetideaquatics.com

NOTE: YOU MUST HAVE USA SWIMMING INSURANCE TO SWIM WITH BLUE TIDE! - Go to the Blue Tide website - (http://bluetideaguatics.com/about/), Scroll down and you will see a link for the link for the "USA Registration Form. Print it out, fill it out, and mail with your payment.

No cotton swim wear.

# DIVINO

#### Young Flyers Diving (Ages 5-10)

This course is especially designed for younger divers. Focus will be on basic jumps. Students will start from the side of the pool, learn to bounce on boards and also to add a 1-step approach.

NOTE: Participants must be able to tread water and swim at least 15 yards. MJC has a dress code for all swimmers in the MJC pools. Please do not use cotton clothing for swim wear.

A > <b>John Lacey</b> Jun 1 - Jun 11 8 sessions	\$49 Mon, Tue, Wed, Thu 1pm - 2pm MJC Swimming Pool
B > <b>John Lacey</b> Jun 15 - Jun 25 8 sessions	\$49 Mon, Tue, Wed, Thu 1pm - 2pm MJC Swimming Pool
c > <b>John Lacey</b> Jul 6 - Jul 16 8 sessions	\$49 Mon, Tue, Wed, Thu 1pm - 2pm MJC Swimming Pool

#### Introduction to Springboard Diving (Ages 10-17)

Modesto Springboard Diving is open to students age 10 to 17. On the first day of each session all divers start at 2:00 pm and will be evaluated and placed in a level-appropriate class. From the second day on, the "Beginning Divers" will dive from 2:00 p.m. to 3:30 p.m. and Intermediate divers will dive from 3:30 p.m. to 5:00 p.m.

NOTE: Participants need to be able to swim 25 yards without stopping. MJC has a dress code for all swimmers in the MJC pools. Please do not use cotton clothing for swim wear.

A > <b>John Lacey</b> Jun 1 - Jun 11 8 sessions	\$69 Mon, Tue, Wed, Thu 2pm - 5pm MJC Swimming Pool
в > <b>John Lacey</b> Jun 15 - Jun 25 8 sessions	\$69 Mon, Tue, Wed, Thu 2pm - 5pm MJC Swimming Pool
c > <b>John Lacey</b> Jul 6 - Jul 16 8 sessions	\$69 Mon, Tue, Wed, Thu 2pm - 5pm MJC Swimming Pool

#### **FUN TO DO**

#### Sketch, Doodle or Draw (Ages 8-14)

Do you like to doodle? Why not learn some skills in drawing techniques this summer, while expressing yourself through class projects using lines and shapes? You will explore how to examine objects in nature and draw through careful observation. Lots of projects, lots of fun! All skill levels welcome.

Linda Salmon \$69 + \$10 mat. fee\* Jun 11 - Jul 23 Thu 2pm - 3:30pm Art Building, 201 6 sessions

\*pay \$10 material fee to instructor at class

#### **Kids Chess Camp** (Ages 8-12)

Let's play chess and conquer the king! Everyone is invited, beginners to advanced players - even if you don't know your Bishop from your Pawn, this class is for you! You will learn basic piece movement, checkmate strategies and standard opening ideas. Let the games begin!

NOTE: Chess set provided for in-class use.

**Barry Courtney** Jun 15 - Jun 18 4 sessions

\$65 Mon, Tue, Wed, Thu

10am - 12pm John Muir, WC, 161

#### **Fun with** Origami (Ages 8-14)

Want to amaze your friends? Come and learn the art of Japanese paper folding - Origami. Make flowers, fruits, insects, hats, Pokémon character, and so much more. Create cool party favors for your next birthday party or social event.

NOTE: See photos at www.mjc.edu/commed

\$29 + \$5 mat. fee\* Yukie Chen Jun 1 - Jun 3 Mon, Wed 1pm - 2:30pm 2 sessions Wawona 2

\*pay \$5 material fee to instructor at class

#### **Adventures in Painting for Kids (Ages 8-14)**

Explore the wonderful world of painting with our very own MJC Art Instructor Linda Salmon. Discover the fun ways to add paint to your canvas without using a brush, as well as traditional painting methods. Learn how to choose your palette and mix colors. You will create a masterpiece to display. Family will be invited to your art show on the last day of class. All levels welcome.

NOTE: Bring an apron or old men's buttondown shirt to wear over your clothes

Linda Salmon \$69 + \$10 mat. fee\* Jun 9 - Jul 14 Tue 2pm - 3:30pm 6 sessions Art Building, 201

\*pay \$10 material fee to instructor at class

#### Create with Clay (Ages 7-11)

Come play in the clay with us! Prepare to get your hands dirty! We will learn how to build a pinch pot, coil pot, roll a slab piece of pottery to texturize, & decorate a personalized clay tile. The final day we can paint our creations with acrylic paint.

NOTE: Bring an apron or old men's button down shirt to wear over your clothes

Sarah Avila \$39 + \$10 mat. fee\* Jul 14 - Jul 16 Tue, Thu 1:30pm - 3pm 2 sessions Wawona 2

\*pay \$10 material fee to instructor at class

#### Fun Loops (Ages 7-13)

Loop de loop mania - this new craze uses fun colorful bands on a loom in various patterns that create unique bracelets, necklaces, even simple rings. Kids will get to select which fun treasure to make and take home. If time permits they can also choose a complex wide bracelet or complex ring. All levels welcome! Seats are limited, so sign up today.

\$29 + \$5 mat. fee\* **Brooke Atwood** Thu 3:30pm - 5:30pm Jun 11 1 session Wawona 1

\*pay \$5 material fee to instructor at class

#### **Children's Theatre: Little** Stars (Ages 6-9)

Younger children love this begin-



ning acting class that combines imaginative play while focusing on listening and following directions and respect for others and their ideas. Whether your child is a ham or maybe a bit

bashful, either way they will have fun becoming little stars as they put on a performance on the last day of class.

NOTE: Child must be at least 6 years old.

**Emma Berdino** Jun 2 - Jun 18 6 sessions

\$49 + \$5 mat. fee\* Tue, Thu 11am - 12pm John Muir, WC, 253

\*pay \$5 material fee to instructor at class

#### **Kids Fairy and Elf Container** Garden (Ages 7-12)



Discover the whimsical

world of fairy gardening! **Blooming** flowers and leafy hammocks



decorate a miniature world where visiting faeries and elves meander through tiny pebbled paths and mossy terrain. Your child will create their garden using live plants and natural elements. Feel free to bring a favorite teenie trinket from home to incorporate. At the end of class kids will gather around telling stories about their creations.

NOTE: Go to this link to see some more fairy gardens: https://www.pinterest.com/debbithinksdeep/childrens-fairy-garden/

**Debra Greenlee** \$25 + \$25 mat. fee\* Mon 9am - 11:30am Jun 29 1 session Wawona 2

\*pay \$25 material fee to instructor at class

#### **Ring Making Workshop -**Teens (Ages 12-16)



Have you ever wanted to design and

create your own



jewelry, but don't know where to start? Try this beginning class and learn soldering and embellishing techniques for making a sterling silver ring. Take home a stylish, originally designed and handcrafted ring that reflects your own personality. You will be surprised with what you can create!

Jean Haves Jul 21 - Jul 28 2 sessions

\$42 + \$15 mat. fee\* Tue 1:15pm - 4:15pm Stoddard Annex

\*pay \$15 material fee to instructor at class

#### **Beginning Photography for** Kids (Ages 11-14)

Discover the cool things you can do with your camera this summer. Take selfies to the next level



and start taking pictures of family, friends, and your surroundings. Kids will have a variety of assignments to become familiar with their camera and learn basic editing techniques using Photoshop. At the end of this course, students will have a basic knowledge using their cameras in automatic and manual modes, as well as a short introduction to Photoshop. Everyone will take home a photo book with their best photographs taken during the course. Kids will need to provide their own digital camera with manual controls, and have basic knowledge of operating a computer.

NOTE: Bring your digital camera, operating manual, clear SD card, a memory stick. Material fee is for a photo book.

Alfonso Alarcon \$75 + \$10 mat. fee\* Jun 3 - Jun 24 Wed 10:30am - 12:30pm John Muir, WC, 251 4 sessions

\*pay \$10 material fee to instructor at class

#### Dichroic Glass Fusing -Teens (Ages 13-17)



Create your very own handcrafted art glass jewelry

pieces. Design, cut, tack and stack various layers of Dichroic Art glass and small frit



pieces onto a solid glass base for a three dimensional sculptural effect. The term dichroic is used because dichroic glass appears to be one color at one angle and another color at a different angle. Beginner level. All levels welcome. Project: earrings and pendant, tie tac, cuff links.

Jean Hayes Jun 9 - Jun 16 2 sessions

\$49 + \$25 mat. fee\* Tue 6pm - 9pm Stoddard Annex

\*pay \$25 material fee to instructor at class

#### Junior Lapidary: **Rock it Out** (Ages 9-14)

Become a Junior Rockhound! Kids will have fun exploring earth science by learning more about



rocks and minerals. Come be a part of this lapidary exploration and discover local stones, the state stone - serpentine, agate, fossil stones, jasper, dinosaur bones and more. Students will learn polishing, grinding and trim techniques to complete 5 unique stones to be set in various mountings. These are sure to make great gifts. All project material will be donated by the Mother Lode Mineral Society.

NOTE: Sign up early, this class has limited seating. Bring a pair of kid's safety glasses and a craft apron to every class. Release of Liability form required - ask for one or download from our MJC Community Education website.

Jean Hayes \$69

Jun 30 - Jul 14 Tue 1:15pm - 4:15pm Stoddard Annex 3 sessions

#### **Jewelry Making for Kids** (Ages 9-15)

You will learn real jewelry making techniques such as wire work, beading, crimping and more. Kids will learn jewelry design as they make a memory wire bracelet, ring, earrings and more in a fun, engaging age appropriate way! No experience necessary.

Jean Hayes Jun 9 - Jun 23 3 sessions

\$59 + \$15 mat. fee\* Tue 1:15pm - 4:15pm Stoddard Annex

\*pay \$15 material fee to instructor at class

#### KIDS SEWING

#### **Kids Beginning Knitting** (Ages 8-13)

This class is where you get started on a lifetime of knitting fun! Learn all the basics, such as casting on, the knit stitch, and binding off in a kid-friendly, hands-on setting.

**Carrie Carlile-Ward** Jul 7 - Jul 28 4 sessions

\$39 + \$15 mat. fee\* Tue 3:30pm - 5pm John Muir, WC, 264

\*pay \$15 material fee to instructor at class

#### **Kids Beginning** Sewing (Ages 8-12)

Do you want to learn how to sew? Beginning students learn basic sewing skills, including the operation of a sewing machine. You will construct a handkerchief, double drawstring bag and a craft apron. Returning students welcome.

NOTE: All materials supplied by instructor for \$25 material fee.

Carrie Carlile-Ward Jun 9 - Jun 30 4 sessions

\$69 + \$25 mat. fee\* Tue 3:30pm - 5:30pm John Muir, WC, 264

pay \$25 material fee to instructor at class

#### Teen **Beginning** Sewing -(Ages: 12-17)

For first-time sewers and returning students. Learn the operation of a sewing machine; sew on paper, then



cloth. Learn fabric layout and cutting, reading patterns and construction of double drawstring bag, belt and other small projects. Returning students will do a quick review and then a new project such as skirt, pajama bottoms or something of their choosing. Class is limited to 8 students. Returning students welcome. \$25 material fee paid to instructor.

**NOTE:** All materials supplied by instructor for \$25 material fee.

Carrie Carlile-Ward \$69 + \$25 mat. fee\* Jul 21 - Aua 11 Tue 6:30pm - 8:30pm 4 sessions John Muir, WC, 264

\*pay \$25 material fee to instructor at class

#### YOUTH MUSIC

#### **Guitar for Kids (Ages 10-15)**

Come learn to play guitar in a fun and enjoyable class! This class will teach basic chords and rhythms while students play their favorite songs. No musical experience necessary. Music will be provided.



NOTE: No class July 1. Bring a size-appropriate acoustic guitar.

Susan Janis \$59 + \$2 mat. fee\* Jun 3 - Jul 15 Wed 10:10am - 11:10am John Muir, WC, 253 6 sessions

\*pay \$2 material fee to instructor at class

#### Kids D'jembe **Drumming (Ages** 8-14)

Kids come discover the popular D'jembe drum as you learn to play polyrhythmic phrases and sing folkloric African songs within certain regions of Africa. Helps promotes hand and eye coordination. No prior experience necessary all levels welcome. Drums provided for classroom use.

NOTE: Wear comfortable clothes.

Khemya MitRahina

Jun 9 - Jun 30 Tue 4:30pm - 5:30pm 4 sessions Music Building, 111

#### **Piano Camp for Kids** (Ages 7-10)

Learn to play the piano the fun way. These lessons will teach you note reading. You will be playing real songs. Recital at the end of class. Limited class size. Great experience! No exceptions to age group please. Book included.

**NOTE:** If you have already taken this class and still have the book, call the office at 575-6063 to register without paying for the book. No exceptions to age group please. Bring a set of headphones to each class with large adapter (full-set headphones, not ear bud style)

debee lovd Jun 15 - Jun 18 4 sessions

\$69 + \$10 mat. fee\* Mon, Tue, Wed, Thu 1pm - 3pm

Music Building, 109

\*pay \$10 material fee to instructor at class

#### Kids Can Uke Too! (Ages 8-11)

Ukulele for Kids is the perfect class to inspire children with the joy of music. This is an upbeat class filled with fun music on an instrument that children can play easily. Come learn simple 2 and 3 chord songs. By the end of class you will be able to play popular songs and sing-alongs to surprise your friends and family!

NOTE: Bring any type of ukulele.

**Lorrie Freitas** 

Jul 9 - Jul 30 Thu 1pm - 2:30pm 4 sessions John Muir, WC, 161

#### Harmonica Fun for Kids/ Teens (Ages 9-14)

Have fun learning to play this simple, compact instrument that you can carry with you wherever you go! In this one-day class you will learn about the harmonica, its history,



how to play easy rhythm songs and how to play melodies. You will be shown how to read basic tabs so you can learn new songs from harmonica music sheets or books. No music experience required. After this class, imagine entertaining your family and friends while camping, at the skate park, after school, or relaxing at home.

**NOTE:** Bring a 10-hole, C major diatonic harmonica or is available at class for \$13.

**David Broida** \$20 + \$10 mat. fee\* Jul 13 Mon 1pm - 3pm Wawona 2 1 session

\*pay \$10 material fee to instructor at class



#### **Music Rhythm & Movement** for Kids (Ages 5-8)

Come play the drums along with other musical instruments! Sing and dance together! Have a blast!

Come join us for the first ever MRM class for kids. This playful way of making music is easy and exciting. We will learn ways to make up music with others in the moment through listening, exploring, and discovering our own creative power. Learn to play drums, shakers, wood blocks, marimbas, and other instruments from around the world. Instruments will be provided for use in class. You can bring your own from home if you wish. Parents are welcome to join in the fun.

**Christopher Condon** \$39

Jul 13 - Jul 16 Mon, Tue, Wed, Thu, Fri. 4 sessions 10am - 11am

Wawona 2

#### **GOOD TO KNOW**

#### Operation **Animation!** (Ages 7-12)



Come join in an exciting adventure

through the world of animation. Come learn how to make your favorite Disney and Angry Bird characters complete difficult tasks, create your very own animated computer game, and have lots of fun in the process! You will enjoy working with others, solving problems, and persevering through difficult tasks. Don't miss out on this computer programming adventure!

**Apryl Hughes** 

\$89

Jun 15 - Jun 18 4 sessions

Mon, Tue, Wed, Thu 10am - 12pm John Muir, WC, 152



#### Writer's Workshop for Kids (Ages 9-13)

Students will learn writing skills and the processes involved in becoming an author. In this class there will be instructions from the teacher, in addition to writing times. There will be peer sharing, one-on-one time with the instructor, critiques and evaluations. Each student will write a story and have it published. Your final story will have at least one illustration and will be spiral bound. You will receive two copies of your final creation - one for yourself and one to give as a gift to someone special.

NOTE: Bring notepad, pencil, highlighter

Willie Loeser Jun 8 - Jun 11 4 sessions

\$59 + \$5 mat. fee\* Mon, Tue, Wed, Thu 9:30am - 11am John Muir, WC, 152

\*pay \$5 material fee to instructor at class



# Leap Ahead: Math (entering 3rd and 4th grade)

Help your child avoid the summer slide! This class is filled with fun ways to continue learning and keep math skills sharp during the summer. Start each day practicing math drills, by playing games, singing songs and learning tricks and tips. Kids will earn incentives as they complete Multiplication facts and word problems. A Popsicle party is scheduled for the last day. Students will work with tables 2-9.

**NOTE:** Bring notebook, 2 pencils, 1 highlighter. Material fee paid to instructor at first class for prizes.

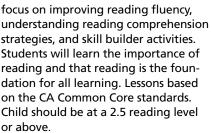
Lilly Barron
Jun 15 - Jun 25
8 sessions

\$75 + \$5 mat. fee\* Mon, Tue, Wed, Thu 10am - 11:30am John Muir, WC, 255

\*pay \$5 material fee to instructor at class

#### Leap Ahead: Reading (entering 3rd and 4th Grade)

Parents help your child build reading skills this summer! Come have fun learning skills needed to be better readers using fun stories, games and incentives. Class will



**Lilly Barron** Jun 15 - Jun 25 8 sessions \$75 + \$5 mat. fee\* Mon, Tue, Wed, Thu 11:45am - 1:15pm John Muir, WC, 255

\*pay \$5 material fee to instructor at class

#### Keyboarding for Kids (Ages 8-11 & 12-17)

Are you up to the challenge?
Learning to type will benefit you in school and work. When you go back to school in the fall, be ready for those reports. Save hours of homework time. If you already know how to type, come and improve your speed.

A >**Benjamin Vizcarra** \$69

Jul 6 - Jul 23 8 sessions Mon, Tue, Wed, Thu 9am - 10am

John Muir, WC, 152

B > Benjamin Vizcarra Jul 6 - Jul 23 8 sessions

Mon, Tue, Wed, Thu 10:15am - 11:15am John Muir, WC, 152



#### Multiplication Fun (entering 3rd, 4th and 5th)

Does your child have trouble memorizing multiplication facts? Parents would you like to help your child become a Multiplication Slayer this summer? Multiplication is one of the basic building blocks for success in math. Kids will learn facts in a fun way - singing songs, learning tricks, playing games and doing some fun art projects. Kids will have an ice cream party celebrating their memorized multiplication facts on the last day of class! This class is designed for kids that need help with times tables if your child has already memorized their facts Leap Ahead Math is recommended. Students will work with tables 2-9 for the majority of the class, tables 0, 1 and 10's are briefly discussed.

**NOTE:** \$5 material fee paid to instructor prizes. Kids bring a notebook, highlighter, 2 pencils.

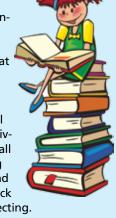
Lilly Barron
Jun 15 - Jun 25
8 sessions

\$75 + \$5 mat. fee\* Mon, Tue, Wed, Thu 2:15pm - 3:30pm John Muir, WC, 255

\*pay \$5 material fee to instructor at class

#### **Exploring Reading** Comprehension (entering 1st and 2nd grades)

Have your child learn and practice reading comprehension strategies this summer. This is an interactive class that nurtures a love of reading through stories and sing-alongs. Children will explore their creativity with fun crafts all the while, building new vocabulary and learning how to pick out relevant connecting.



NOTE: Material fee for prizes.

**Lilly Barron** Jun 16 - Jun 25 6 sessions

\$55 + \$5 mat. fee\* Tue, Wed, Thu 3:45pm - 5pm John Muir, WC, 255

\*pay \$5 material fee to instructor at class

#### Get Ready for SAT **English** (Ages 14+)



Making the

decision to attend college is probably one of the most important decisions you'll ever make, and your performance on college entrance exams is instrumental in determining your college choice. Universities and colleges throughout the U.S. require applicants to take the SAT or ACT as part of their evaluation package. This course will prepare you for both tests. This class will cover strategies to prepare students in writing, grammar, critical reading and essay writing. Practice test sections will be given, and practice handouts are included.

NOTE: Please bring to class binder paper, highlighter, pen, pencil, 8-color set finetipped markers.

\$85

Willie Loeser

Jun 23 - Jun 25 3 sessions

Tue, Wed, Thu 9am - 12pm Founders Hall, 235

#### Get Ready for the SAT Math (Ages 14+)

Making the decision to attend college is probably one of the most important decisions you'll ever make, and your performance on college entrance exams is instrumental in determining your college choice. Universities and colleges throughout the U.S. require applicants to take the SAT or ACT as part of their evaluation packets. This course will prepare you for both. Learn SAT Math test-taking skills and strategies. Topics covered include comprehensive mathematical review in algebra, geometry and abstract reasoning. Practice tests will be given.

NOTE: Bring pencil and notebook. Handouts and CD included in class price.

Willie Loeser

Jul 7 - Jul 9 3 sessions

\$85 Tue, Wed, Thu 9am - 12pm John Muir, WC, 255

# BOTTE

#### Lego Robotics -**Beginning (Ages 9-15)**

This fun and educational class will introduce you to the **NXT LEGO®** programmable

robot. This fun

and engaging class will allow students to build various robots and learn to program to create various desired behaviors. Each student will work individually with a Mindstorms kit. Pamela is a local teacher and is involved in LEGO Robotic instruction and competitions throughout the county.

NOTE: Lego Robotics provided for in-class use only.

Pamela Mayne

Jun 8 - Jun 11 4 sessions

\$129 Mon, Tue, Wed, Thu,

9am - 12pm Sierra Hall, WC, 114

Pamela Mayne Jul 27 - Jul 30

4 sessions

\$129 Mon, Tue, Wed, Thu, 9am - 12pm





#### **VEX Robotics: Beginning** (Ages 12-18)

A beginning look at the VEX robotics system with a focus on programming inputs and outputs. What a great way to get into robotics with pre-built squarebots. Students

will program the robotic brain with many inputs in order to get the robot through a series of tasks. The class will end with a round-robin maze competition where students will showcase their robotic programming skills. Come and enjoy the introductory robotics class. Chris teaches robotics at Ceres High School.

Christopher \$129 Vanmeter Mon, Tue, Wed, Thu, Fri

Jun 15 - Jun 19 9am - 12pm 5 sessions Ceres High School, 54

#### **VEX Robotics:** Intermediate/Advanced (Ages 12-18)

The next step in VEX Robotics; students build their own robot and program it to accomplish a variety of tasks. Students explore the robotics design process and redesign their robot to overcome many different problems. This next step builds upon their programming skills from the basic class. The class will end in a round robin robot versus robot competition that will showcase both their programming skills and their building techniques. Students must already know basic VEX Programming prior to entering this class.

Christopher Vanmeter \$129

Jun 22 - Jun 26 5 sessions

Mon, Tue, Wed, Thu, Fri 9am - 12pm Ceres High School, 54





**Half-day Camps for** younger children - ages 5-6

(child does not need to have attended kindergarten)

**Full-day Camps for** older children - ages 6-12

(Child needs to have completed 2015 kindergarten)

A week of Fun and New Friends Each child receives a camp t-shirt designed especially for each camp.





www.facebook.com/mjccommed Like us on Facebook between May 20-27 to receive \$20 off! (For Full-Day Camps Only)



# MJC Half-day Camps 2015

Ages 5 - 6 • \$89 plus \$30 material fee (includes t-shirt)

Seats are Limited • Register Early

#### LITTLE BUCKAROO

June 15th to 18th (M-TH) 9am to 12:30pm

Kiddos will have fun as they dosey doe around the rodeo campground building teepees, creating western wear, and rounding up fun. There is a little Woody or Jessie in all of us, so Yee-haw and reach for the sky and lasso up a spit fire good time.

# A Bug's Little for Me

July 13th to 16th (M-TH) 9am to 12:30pm

Be a science bug this summer and get your hands messy with swishy experiments and learning activities for your noggin. Have fun acting like a ladybug or caterpillar as you explore

nature and create a fairy garden and outdoor crafts.



Kids just add water for some under the sea adventures and summer fun. Read the Rainbow Fish

books and make your own watercolor creatures using art supplies and your imagination. Make formations using shells, rocks, sand, driftwood and more. End each day with splish splash activities to

keep you cool.



www.facebook.com/mjccommed



# MJC Summer Camp 2015

Ages 6 - 12 • \$199 plus material fee (includes t-shirt) Must have completed kindergarten before camp

# SCIENCE-OLOGY

June 8th to 12th 9am to 4 pm

This year's camp will excite camper's curiosity in forensics, medical science and art. Campers become a super sleuth and solve "who-done-it" mysteries in the CSI lab. Then graduate to the Bone-Lab and examine X-rays, make germs light up and use science for fun outdoor activities. In the Spa-Lab, campers get to use their artistic imagination to create fizzy potions, make their own soap and zany recipes. By the end of the week, your child will have graduated from the MJC Jr.



Scientist Summer Camp. Make sure you come for the graduation! Material Fee: \$55

#### CAMP WILD WEST

June 22nd to 26th 9am to 4 pm

Giddy-up kids, and gallop right over to this rootin' tootin' Wild West



round-up. In this camp you become a western super star. Kids will build outdoor teepees; design their own riding T-shirt and much more. Campers will lasso up some rodeo fun as they maneuver through the bronco obstacle course. Then, at high noon mosey over to the saloon for some healthy chow. Fireman Klevmyr, will be your Huckleberry, and say Howdy, as kids gather around to talk about campfire safety. There is a little cowboy or cowgirl in all of us -

so saddle up and get ready to have a bucking good time! Material Fee: \$45



### CIRCUITS, SPROCKETS, WIDGETS & ROCKETS

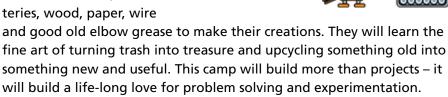
#### July 6th to 10th 9am to 4 pm

This camp is perfect for your budding young scientist! It's just the place for your child to tinker and think beyond their imaginations. Kids will build unique projects using creativity, engineering, science and art. While in a

safe environment, kids can learn to experiment through trial and error. "IF YOU CAN THINK IT- YOU CAN BUILD IT" is the motto for this camp. Kids will learn to use a variety of materials like

electronic motors, batteries, wood, paper, wire

Material Fee: \$65





### July 20th to 24th 9am to 4 pm

The animals of Madagascar are stuck in the drought stricken Central Valley and are trying to get back home. Find out how the all-star cast . . .

staring YOU comes together to "Move It Move

It" and help get their friends back home. This is the perfect setting for your child to show off their personalities, whether they love to be center stage or a behind-thescenes wonder. There



will be something for everyone. Kids will design and build stage props, help with costume selection, learn to read a script and perform in front of a small audience. This camp promises to encourage talent and creativity as well as pump up self-confidence. Be a part of the farewell to summer camps performance! *Material Fee: \$48* 

## **MJC Camps for Kids 2015**



# Camp Information

#### What is MJC Camps for Kids?

MJC Camps for Kids at MJC Community Education provides a safe and fun activity for summer fun. Children MUST be at least 6 years old AND have completed kindergarten. Our camps are designed to stimulate curiosity, reinforce basic skills, and help kids discover new subjects, but most of all, a place to have a fun summer! Full-day camps start at 9:00 a.m. and end at 4:00 p.m.

#### Camp Schedule

No matter which camp you sign your child up for, they will have a variety of activities each day. They will attend different classes in the morning and in the afternoon. Once they have eaten lunch there will be organized activities for them to participate in during their supervised lunch break.

#### **Cost for Camp**

The cost of each week-long camp (Monday-Friday), 9:00 a.m.-4:00 p.m., is \$199 per camp week. Each camp will have a material fee determined by activities and projects. Each camper will receive a camp t-shirt.

#### What should my child bring to camp?

Each child should bring a morning and afternoon snack, a brown-bag lunch (that does not need to be refrigerated) and water for your child - Please put your child's name on his/her lunch and anything else they bring.

#### Where will the camps be held?

Camps will be held on our MJC West Campus at 2201 Blue Gum Avenue. It will be held at Wawona Child Development Center - see map on page 65.

#### Food Allergies?

Please be sure to note any allergies on the Medical Consent Form AND let the camp coordinator know. Some camps will prepare and eat food - so this is important.

#### Does my child need to be signed in and out?

Yes, when your child arrives at the camp (please do not arrive any earlier than 8:45) your child will be checked in and directed by the counselors to their first class. The camp counselors will be there to help ensure they have a fun experience. When you pick up your child sign them out at their last class. You will check them out with their teacher.

#### Refund Policy

Refunds will be granted anytime 30 days BEFORE the start date of each camp (minus \$20 fee). Because of supplies/shirts that must be ordered, we cannot give refunds after 30 days of the camp start date.. Please plan accordingly.

#### Policy on Behavior

All campers are expected to conduct themselves in a manner that demonstrates courtesy and respect for others and the facilities. Disruptive students will be issued a behavior form and parents will be contacted to pick them up. If disruptive behavior continues, the child will be dismissed from the program with no refund. Please print your Camper's Packet at www.mjc4life.org. The Student Conduct Form will be in your Campers Packet and will need to be signed by you and your child(ren) before they can begin camp. Please review this behavior policy with your child.

#### May I attend class with my child?

No, sorry. We ask that you do not go into the classroom while camp is in session so the instructor and students are not disrupted. Many of the camps have either projects to take home or presentations that will be given on the last day of camp, which you will be invited to attend. All of our instructors and counselors are fingerprinted in order to help assure the safety of your child. We do not allow unchecked adults in the classroom with the campers.

Camps will be held on the West Campus on Blue Gum Avenue in the kid-friendly Wawona Center and John Muir Hall.



# Camp Information

#### When can I register?

Registration is available at anytime.

#### Can I make payments?

YES! You will make a non-refundable, first payment with a minimum of \$80 per camp to reserve your child a spot in the camp(s) of your choice. You can make this payment at any time through our office. After the first payment, you can make additional payments through our office at any time. The balance must be paid 2 weeks prior to the camp start date. We must have 30 days notice before the camp start date to receive a refund (minus \$20 refund fee).

#### What are the dates of camp?

Science-ology - June 8-12 - material fee \$55 Camp Wild West - June 22-26 - material fee \$45 Circuits, Sprockets, Widgets & Rockets - July 6-10 material fee \$65

Camp Madagascar - July 20-24 - material fee \$48 Little Buckaroo - June 15-18 - material fee \$30 A Bug's Life for Me - July 13-16 - material fee \$30 Art Splash - July 27-30 - material fee \$30

# How old does my child need to be?

NOTE: Material fee includes camp t-shirt

Children must be at least 6 years old AND have completed kindergarten. This year some of the camps will not be for the very young campers. See age requirements on pages 34. There are also halfday camps for ages 5-6, and stand-alone classes offered for ages 5+ through our regular Summer classes.

#### How much does it cost?

Full Day - \$199 and Half-Day - \$89, plus a material fee. The material fee includes projects, activities and the camp t-shirt.

#### **How can I register?**

**Online** at www.mjc4life.org - be sure to create the student profile for your child, not you.

Mail in the Camp Registration Form on page 40 to: MJC Community Education, 435 College Avenue, Modesto, CA 95350

In Person - Come to our office and register in person - We are on the East Campus, at 435 College Avenue, Morris Building, Room 204 (open M-F, 8 a.m.-5:00 p.m. - Closed Fridays beginning May 8)

#### Will I be sent a confirmation?

If you register online and have entered an email address, you will receive an email confirmation, in person and you will be given the confirmation, by the phone, ask for a confirmation to be mailed.

# **MJC Camps for Kids 2015**



# Registration Form

Child's Name _				<b>"</b>
Birthdate	Email			١
Address				
City		Z	ip	١
Day Phone		Alt. Phone		
Parent/Guardia	an			
1. Select Ca	amp(s) you want to	o sign up for:		
☐ Science-ology June 8-12 (\$55 material fee)		☐ Camp Madagascar <sup>®</sup> July 20-24 (\$48 material fee)		
☐ Camp Wild West June 22-26 (\$45 material fee)		HALF-DAY CAMP - \$89 each (\$30 material fee per camp)  Little Buckaroo - June 15-18		9
☐ Circuits, Sprockets July 6-10 (\$65 material fee)		☐ A Bug's Life - July 13-16 ☐ Art Splash - July 27-30		
2. Don't for	get to let us know	the t-shirt size		
☐ S (6-8)	) 🗖 M (10-12)	☐ L (14-16)	☐ XL (18-20)	
3. Determin	ne fees to be paid			١
Number of	f camps X \$1	199 or \$89 =	\$	٩
Material fee per camps (see above) registered for = \$				/
Total Fees Due			\$	
Today's pay (at least			\$	I
Total Fees due 2 weeks prior to camp start date \$				.   .
4. Make Pag	yment			 
Check (Make ch	necks payable to MJC)	Check Number		
		Exp. Date C		9
Person's name on card			‡ on Back	<b>/</b> i
-			NA	ا . ا م
	Community Education, 4	3	•	
	5 College Avenue, Mode 75-6063 <b>Fax:</b> 575-6025		_	
Online: www.r		(NOTE: \$3 Tegisti	ation lee waiveu)	İ
	- Call our office at 575-6	5063 to take advanta	age of this plan	
-				İ
5. Print out	2015 Camper Pac	ket trom www.m	ıjc4lite.org	
	sign, and bring can e at www.mjc4life.org			q۱

#### **COMPUTERS**



#### Excel 2013 - Beginning

Excel is a business standard for many jobs. Many times potential employers want to know if you have some basic knowledge of this powerful spreadsheet software. You will begin to learn the time-saving features that are built into this software. You'll create worksheets, use formulas, format for printing and create different types of charts.

Must be able to use Microsoft Windows.

Ed Perillo \$110 + \$24 mat. fee\* Jun 1 - Jun 10 Mon, Wed 6pm - 9pm John Muir, WC, 152 4 sessions

\*pay \$24 material fee at registration



#### The Cloud - What is it? Why should I use it? How do I use it?

What is it? Why should I use it? How do I use it? Learn about the Cloud to store, retrieve, share, and view your data on the computer or your mobile device. It is convenient and reliable with all your files at your fingertips. Get access to your files, photos, music, videos from any device connected to the Internet including tablets, smartphones, laptops, and computers.

Matt Ketchum \$35

lun 15 Mon 6pm - 9pm 1 session John Muir, WC, 152



#### Managing Passwords

Do you have trouble keeping track of all your passwords on your computer and mobile devices? We are asked to change our passwords and not reuse them to stay secure but it becomes more of a nuisance than trying to keep you safe online. In this course we will learn how to use recommended password manager programs you can use on any computer or mobile device. In the digital age where many websites and apps have you create usernames and passwords this class will give you the skills to easily log in to any of your accounts safely and securely.

Matt Ketchum

Jun 17 Wed 6pm - 9pm 1 session John Muir, WC, 152

### See Page 18 for

All About Androids

and

Your New iPad -**Demystify It!** 

Online Course Catalog

# **Modesto Junior College**

**Community Education** 

www.mjc4life.org

Summer

Our online courses are open to everyone!















affordable courses









convenient for everyonel



Learn from the comfort of home!



#### **Computer Skills for the Workplace**

Gain a working knowledge of the computer skills you'll need to succeed in today's job market.

#### Stocks, Bonds, and Investing: Oh, My!

Make wise investment decisions so you have enough to live comfortably

#### Introduction to Microsoft Word

Learn how to create and modify documents with the world's most popular word processor. Introduction to OuickBooks

#### Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

#### The Craft of Magazine Writing

If you're a determined new writer, this class will provide you with the skills you need to get published.

#### **Get Paid to Travel**

Learn everything you need to start your new and exciting career as a professional tour director.

Instructor-Facilitated Online Learning

www.mjc4life.org (209) 575-6063

Fees Start

at Just

#### CAREERS

#### **SMOG BAR Update Class**

This course offers 16 hours of update training. It will cover the latest smog update requirements. The Bureau of Automotive Repair (BAR) requires all licensed Smog Check Technicians whose license expires during the year, to complete the Update Training Course prior to renewing licenses.



NOTE: Price includes textbook. ABSOLUTELY NO walk-in registrations. Please pre-register by calling 575-6063.

A > Ruben Parra \$250

Jun 6 - Jun 7 Sat, Sun 8am - 4:30pm

2 sessions Tenaya Auto Complex, West Campus

в >Ruben Parra

Aug 1 - Aug 2 Sat. Sun 8am - 4:30pm

2 sessions Tenaya Auto Complex, West Campus

#### **Basic Medical Coding - CPT**

This is not a billing course. This course is meant to teach the Basics of CPT coding. This course will: 1) prepare attendees for entry level coding in various medical settings where CPT is used and 2) will assist in preparing attendees for taking the CCA or CCS exams offered by the AHIMA to become a Nationally certified coder.

Students must register early to avoid the class being cancelled for lack of enrollment.

**NOTE:** Two textbooks are required - must have for first day of class:

- 1) CPT Professional Edition 2015 ONLY (ISBN 978-1-62202-026-3). AMA product: go to amastore.com OR call 800-621-8335.
- 2) Basic Current Procedural Terminology and HCPCS Coding by Gail Smith. 2015 Edition ONLY (ISBN 978-1-58426-501-6). AHIMA proiduct: go to www.ahimapress.org OR call 800-335-5535

May be able to get cheaper used books online, however they MUST be 2015.

\$249 **Diane Lemire** 

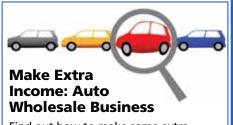
May 12 - Aug 4 Tue 6pm - 9:30pm 13 sessions John Muir, WC, 160

# Medical Coding **Orientation**

Learn more about this fast growing career

Thursday, August 20, 2015 6:00 p.m.

Yosemite Hall, Rm 117 West Campus



Find out how to make some extra money buying and selling wholesale cars as a home-based business or, simply buy cars, motorcycles, boats at great wholesale prices. This 6-hour approved DMV class is the first step to acquire your dealer's license. Lean how to get your auto dealer's license and how to operate a profitable used car business. You can earn a substantial amount of income just by selling a few cars a month. Find out the how and where of buying at wholesale prices and how to sell at retail for very good profits. You'll get a free list of all the dealer-only auctions in the United States. Students will receive a DMV certificate of completion at the end of class.

**Ronald Williams** Jul 29 - Jul 30 2 sessions

\$85 + \$20 mat. fee\* Wed, Thu 6pm - 9pm Founders Hall, 155

\*pay \$20 material fee to instructor at class

### **Paralegal Certificate** Course - Online

This intensive, nationally acclaimed program, offered in partnership with Modesto Junior College Community Education and The Center for Legal Studies, is designed for beginning, as well as advanced, legal workers. Training includes instruction on how to assist trial attorneys, interview witnesses, investigate complex fact patterns, research the law, and assist in preparing cases for courtroom litigation. The instruction is practice-oriented and relates to those areas of the law in which paralegals are most in demand. There are no prerequisites to take the course, but students will be expected to complete a significant amount of homework throughout the course. This program will help students increase their office's efficiency, productivity, and billable hours as well as learn new marketable job skills. Successful graduates will be awarded a Certificate of Completion from Modesto Junior College Community Education. To receive a certificate students must pass numerous quizzes and successfully complete several legal document writing assignments.

#### Core Paralegal Class (includes 2, 7-week sessions)

\$1,289 (fee does not include books) Session Start Dates: May 4, Jun 19, Aug 14

#### **Advanced Online Paralegal**

To practice as a paralegal in California you must take additional courses - the 6 courses you select will satisfy that requirement. You will select 6 classes from a variety of topics such as: Estate Planning • Intellectual Property • Real Property Law • Family Law • Constitutional Law and Civil Liberties • Mediation • Immigration Law • Criminal Procedure • and others

NOTE: You can take up to 3 separate advanced classes per 7-week session. Each class has a different set of books - some may use the books you have from the Certificate Core class. You will be responsible for ordering the correct books from the Center for Legal Studies. Plan ahead so you will have your books when you begin classes.

Advanced Online Paralegal class (select up to 3 topics to study each 7-week session) \$1,800 - Books additional fee. Session Start Dates: May 4, Jun 19, Aug 14

# ERTIFIED PHLEBOTOMY TECHNICIAN I



# **Application Deadline July 27**

Approved for SallieMae **Smart Option Student Loan** Call for Info.

# **New Class** September 2, 2015

A Certified Phlebotomy Technician I (CPT I) primarily collects blood samples for a variety of reasons, including medical testing, blood transfusion, and blood drug testing. Phlebotomists are also responsible for explaining procedures to patients, and more. Technological advances require more testing, resulting in the need for more Certified Phlebotomy Technicians.

### **Mandatory Information Meeting**

The New Application Qualification Process will be discussed at the Mandatory Information Meeting.

Application Qualifications can be found at www.mjc.edu/commed

Wed, June 17 - 6:00 p.m. Forum Bldg, Rm 101 - East Campus

#### The purpose of this program is:

To prepare you for an entry-level position as a Certified Phlebotomy Technician I

#### Upon successful completion of this program, you may:

\* Take a national Phlebotomy Certification. Upon passing an examination you will be eligible to apply to the State of California for a CPT L certificate.

#### Steps to Become a Phlebotomist:

- Complete background check, drug screening and health clearance
- Classroom instruction 60 hours plus at least 4 classes for testing and practice)
- Externship (hands-on): 40 hours (1 week)
- Take/pass a National Certification Exam -1-3 month wait time for application & test
- Register with the state approx. 90 days

NOTE: If you follow the timeline recommended in the class you can complete all steps in approximately 9 months to 1 year.

#### **Tuition - \$2,985**

(includes textbooks, lab materials and liability insurance)

Price now includes required background check, drug screening for externship and CPR certificate.

Additional fees for certification test and state CPTI certificate will apply.

Information and Application can be downloaded and printed from our website: www.mjc.edu/commed (click on "Phlebotomy" on left column)

Call 575-6063 for Additional Information

# Pharmacy Technician Prepare for a **New Career**



**New Class Begins** March 2016

Eligible for tuition assistance through WIA/ETPL Alliance Worknet

and

SallieMae Smart Option Student Loan

### **Information Meetings**

Wed., May 13, 6:00 pm John Muir Hall, 262, West Campus

Wed., August 19, 6:00 pm John Muir Hall, 262, West Campus

#### **NEW Pre-requisites**

Come to the **Information Meeting** to find out the **NEW Prerequisites.** 

For a complete listing and explanation of the NEW Pre-requisites, application and sample math test available online for the Pharmacy Technician program for the 2016 class, see our website at www. mjc.edu/commed

#### **Purpose of program**

- To qualify you to be licensed as a Pharmacy Technician (California law requires you to register as a Pharmacy Technician with the California State Board of Pharmacy in order to work as a Pharmacy Technician).
- To prepare you for an entrylevel position as a Pharmacy Technician

### **Pre-Qualifying Math Exam Dates**

Wed., June 3 - 6pm John Muir Hall, 260, WC

Thurs., August 27 - 6pm Founders Hall, 172

654-hour program provides lecture, lab and externship



#### Call for Information - 575-6063

Or visit: www.mjc.edu/commed Click on "Pharmacy Tech" located on the left hand side of the screen.



# **Logistics & Warehousing**

### Earn a Nationally Recognized Certificate



You may be eligible to receive training at **NO COST** to you through ETP Drought Relief Training.

Fill out the required application to see if you qualify for FREE training. (http://www.mjc.edu/instruction/teched/ workforcedev/applicationform1.pdf) If you have guestions call (209) 575-6063

#### Training for the Logistics & Warehouse participants:.

Serves individuals in learning skills for employment as warehouse technicians and/or lift truck (forklift) operators. Classes are non-college credit and consist of the following areas:

- Lift Truck Level I & Level II (forklift and Walkie Rider), per OSHA safety guidelines
- Inventory Control Systems and Scan Guns
- MSSC CLA training and CLT training

#### Check online for the dates and times the following classes are offered:

- Vocational English-as-a-Second Language (VESL), for those who need it
- Computer Literacy Skills, for those who need it
- Basic Math
- OSHA 10 Certification
- CPR/First Aid Certification



#### Lift Truck & Safety Training, Level I- \$120

NOTE: must be 18 years or older Sat., June 20 - 8:00 a.m.-5:00 p.m. OR Sat., July 18 - 8:00 a.m.-5:00 p.m. Science Community Center, WC, 114

#### Lift Truck & Safety Training, Level II- \$120

NOTE: must be 18 years or older Sat., July 25 - 8:00 a.m.-5:00 p.m. OR Sat., Aug 8 - 8:00 a.m.-5:00 p.m. Science Community Center, WC, 114

#### **Inventory Control & Scan Guns - \$80**

Sat., June 27 - 8:00 a.m.-12:00 p.m. OR Sat., July 11 - 8:00 a.m.-12:00 p.m. Sierra Hall, WC, 114

DRESS CODE: Denim jeans or slacks, work boots or closed-toe tennis shoes. No shorts, dresses, skirts, sandals or low-cut tops.

**Instructors: Mary Ann Henriques and Larry Garcia** 

#### **MSSC CLA - \$350**

(Certified Logistics Associate) Registration Deadline: July 13, 2015 Mon, Tues, Wed July 27, 28, 29, Aug 3, 4, 5 2:00-5:00 pm Sierra Hall, WC, 114

#### MSSC CLT - \$350

(Certified Logistics Technician)\* Registration Deadline: July 13 2015 \*Must possess CLA Certificate to enroll Mon, Tues, Wed July 27, 28, 29, Aug 3, 4, 5 2:00-5:00 pm Sierra Hall, WC, 114

**NOTE: Online work outside of class** required for CLA and CLT

Call 575-6063 to Register or go to www.mjc4life.org

# Live **Paralegal** Class



After a successful first year of our in-class paralegal course, we are excited to be able to offer it in 2015. Upon completion of this live paralegal class, you will be ready to become an important asset in a law office or legal department. This live class will satisfy the Certificate of Completion requirement of the California Business and Professions Code, Section 6450-6456. In addition, you must have a high school diploma or equivalent.

You will have computer lab time for legal research, writing, and filling out forms, in addition to lectures and discussions.

The class will be taught by attorneys and paralegals in our area, who have been in the legal field for many years, and understand how valuable the role of a paralegal is in a legal environment.

#### Topics covered in the class will be:

- Introduction
- Civil Procedure
- Torts
- Contracts
- Criminal Law and Procedures
- Federal Civil Procedure

- Family Law
- Wills, Trusts, and Estates
- Legal Research and Writing
- Civil Trials and Appeals
- Business Law
- Constitutional Law

Classes will meet Tuesday and Thursday evenings 6:00-9:30 p.m.

John Muir Hall, West Campus, Room 255

Fee for course will be approximately \$4,600 and will include all books and one year access to LexisNexis Research for student work.

#### To help ensure your success you must have ONE of the following:

- Take the MJC Reading Accuplacer test and obtain a reading raw score of 70 or higher OR
- AA degree or higher from a U.S. College OR
- Successfully completed Reading 82 or higher with a "C" or higher

### **New Classes Begin Each April** Information Meetings will be scheduled for February and March, 2016

Come meet our lead instructor - Attorney Kay Parker, along with other instructors and students, and find out more about the class. Be prepared to ask questions about this program.



#### TRIP INFORMATION



You can register for a trip the same way you would for a class. See the different ways you can register for classes or trips on page 66. Extended trips must be made over the phone or in person.

Once registered, day trip participants will receive a letter 7-10 days before the trip. Buses normally depart from the MJC West Campus, but MJC reserves the right to make any necessary changes in departure place and times. The departure location will be listed in the letter you receive from our office.

Modesto Junior College (MJC) reserves the right to make changes to itineraries of equal or greater value as deemed necessary. We cannot reimburse clients for items in the tour that they elect not to participate in.

MJC will not be liable for delays, bad conditions of the road, storms, acts of God, public enemies, strikes, acts of terrorism, and other conditions beyond its control.

All off-campus extracurricular field trips/excursions are voluntary. If you choose to participate, be advised that pursuant to the California Code of Regulations, subchapter 5, section 55450, you agree to hold the District, its officers, agents and employees harmless from any and all liability or claims which may arise out of or in connection with your participation.

# **Trip Cancellation Information**

All trip refunds are subject to a \$20 processing fee, regardless of when or why you cancel. If our office needs to cancel a trip you will receive an automatic full refund.

#### **Day Trips**

A full (100%) refund will be given for trips which are full at the time registration is received or those that the college finds necessary to cancel. For trips/ tours, advance notice of cancellation must be given with the following guidelines:

#### **One-day Excursions**

Short, day trips that do not have any pre-purchased tickets, meals or any other advanced payment, requires 7 days notice.

# Trips with Pre-purchased Items

Day trips that require MJC to prepay for tickets, meals, or other participant expenses require 30 days notice.

#### **Short, Overnight Trips**

Refunds for overnight trips require a minimum of 45 days notice of cancellation. Tickets and hotel reservations must be reserved and purchased by Modesto Junior College in advance and most are non-refundable. For less than the 45-day notice we can only provide a refund if your space can be resold. If we are able to resell your space, a \$20 processing fee will be deducted from your refund.

#### **Extended Trips**

Our extended trips have various cancellation, deposit, and final payment deadlines. Please be sure to ask for this information when you register.

#### How much walking?

**LIMITED:** May require a walk to the theater, or to your seats at the ballpark. If free time allows participants to stroll a bit, you are welcome to find a place to sit and rest.

**MODERATE:** May require a large amount of walking, usually in either the morning or the afternoon.

**EXTENDED:** Will involve walking much of the day.

#### **Sunset Magazine Celebration Weekend**

We are traveling to Sunset Magazine, Northern California headquarters in Menlo Park for the 17th annual Celebration Weekend. Each spring, Sunset Magazine brings the pages of the magazine to life during the two day event from 10 a.m. to 5 p.m. Sunset Magazine is the premier guide to Western living, covering the newest and best ideas in Western home design and landscaping, food and entertainment, and regional travel in 13 Western states. This festival is a live example of what readers love about Sunset. You'll get a behind the scenes look at the test kitchens and lush gardens, plus learn tips from the experts as you gear up for summer. You may want to bring a canvas bag with you for any purchases or freebies. Make a Hawaiian lei, paint a pot, or shop at more than 80 tents of cooking equipment, garden accessories, and gift products.

NOTE: Fee includes entrance fee and chartered bus transportation.

Sat, Jun 6 \$72 8:30am - 6:30pm



#### **Giants Games**

Travel with MJC and watch the 2010, 2012, & 2014 World Series Champions play! Seats are in Club Level, Section 230, under the overhang, at the AT&T Park. Call today. Limited Seating.

#### **Colorado Rockies**

Sun, Jun 28 \$160 9:45 am - 7pm

#### **Philadelphia Phillies**

Sun, Jul 12 \$128 9:45am - 7pm

#### **Washington Nationals**

Sun, Aug 16 \$128 9:45am – 7pm

#### St. Louis Cardinals

Sun, Aug 30 \$128 9:45am – 7pm

NOTE: Fee includes ticket and chartered bus transportation. Community Education cannot be responsible for game time changes due to ESPN broadcasting the game(s). We will adjust the bus schedule accordingly, but no refunds will be issued.

#### **Alcatraz**

#### Alcatraz - Fisherman's Wharf

 After departing Pier 33, arrive at Alcatraz Island, one of the most popular destinations in San Francisco. Enjoy a close up look at a historic and infamous federal prison with a self guided audio tour. Boats return to Pier 33 every 35-40 minutes. Once back at Pier 33 make your own way to Pier 39 for free time before boarding the bus for Modesto.

NOTE: Walking distance from Pier 33 to Pier 39 is 3/10 of a mile. Fee includes roundtrip ferry transportation to Alcatraz, audio headset rental, and chartered bus transportation.

Call for date and price

#### **49ers Stadium Tour**

Join us for this VIP private tour of Levi's Stadium. The stadium is the new home of the San Francisco 49ers, and also one of the world's best outdoor sports and entertainment venues. The \$1.2 billion venue has over 1.85 million square feet. Our private tour begins at the upper level of the Intel Plaza with a photo opportunity in front of the playing field. Tour stops include premium club spaces, a private suite, the Verizon Press level, locker rooms including the Gold Rush locker room, and more. The tour ends in the 49er Museum presented by Sony. Your ticket allows you entrance to the museum to tour on your own. Afterwards, we head to Santana Row for a no-host lunch and time to shop.

NOTE: Fee includes VIP tour with museum entrance and chartered bus transportation.

Call for date and price

#### Apple Hill-High Hill Ranch - BBQ Lunch



Every fall the apple ranches in the Apple Hill region in El Dorado County continue the tradition of providing freshly-picked apples and an array of delicious goodies made with apples. We are going during the week to avoid weekend crowds. First, we'll stop at High Hill Ranch for a homemade apple fritter served with coffee or tea. After the snack, a step-on guide joins us for a guided loop tour with stops where you can shop for home-made pies, crafts, etc. We'll return to High Hill Ranch for a delicious lunch of BBQ chicken, macaroni salad, roll, apple juice, coffee or hot tea, and a slice of hot apple pie à la mode for dessert. Following lunch enjoy an old-fashioned hay ride complete with guide.

NOTE: Fee includes snack, lunch, hay ride, step-on guide, chartered bus transportation, and all driver and guide tips. For parking in Modesto, if free parking is not available on the street by the gym, you will need to purchase a parking pass to park in the parking lot.

Call to be put on an interest list

#### Yosemite National Park

Yosemite National Park is a setting so spectacular and awe-inspiring that it is often referred to as the Crown Jewel of the National Park system. A 26 mile, two-hour tour of the Valley Floor is scheduled in an open air tram. Rangers introduce some of Yosemite's most famous sightseeing points in Yosemite Valley and describe the history, geology, plant and animal life of the region. This year round tour provides a fuller knowledge and enjoyment of the park. After the tour enjoy a no host lunch at one of the park's many eateries and have the rest of the day to yourself to enjoy and explore the different areas of the park.

NOTE: Fee includes park entrance fee, tram tour, and chartered bus transportation only

\$83 Sat, Jun 27 6:30am - 7:30pm

#### Santa Cruz Follies -Lunch at the **Crow's Nest**

For over 50 years the Senior Citizens Opportunity of Santa Cruz has been putting on a musical variety show. This year's theme is "Those Were the Days". Before the performance we'll eat a delicious early lunch at the Crow's Nest Restaurant. located in Santa Cruz. You'll have a choice of: Grilled Chicken Breast, Black Angus Sirloin Steak, or Seafood Special of the day. A brief stop is planned on the way home.

NOTE: Fee includes lunch at the Crow's Nest Restaurant, tickets to the Santa Cruz Follies, and chartered bus transportation.

Sat., Sep. 14 \$101 7:45am - 6:30pm

#### San Francisco **Fleet Week** Cruise aboard the SS Jeremiah O'Brien

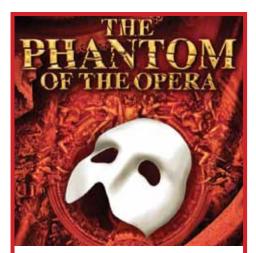


Hurry to register. This trip sells out im-

mediately! Celebrate the Bay's great Navy heritage aboard the SS Jeremiah O'Brien, one of two surviving operational Liberty ships. Built in just 56 days and launched in June 1943. Once aboard, you will sail out and under the Golden Gate Bridge. A continental breakfast is served in the morning, a BBQ hot dog lunch is served on the main deck and ice cream in the afternoon. Dance to 40's Big Band music on deck, tour the engine room, or wander up to the Flying Bridge. Later, enjoy the BEST aviation show, featuring the US Navy Blue Angels, as well as vintage planes performing amazing gravity-defying stunts over the spectacular backdrop of the San Francisco Bay.

NOTE: The Blue Angels fly, weather permitting, about 3 p.m. Fee includes entire day aboard the O'Brien, Parade of Ships and cruise of the bay, breakfast and lunch, and chartered bus transportation.

\$225 Sat., Oct 11 6am - 9pm



#### **Phantom of the Opera**

Cameron Mackintosh's spec-I tacular new production of Andrew Lloyd Webber's, THE PHAN-TOM OF THE OPERA, will come to San Francisco as part of a brand new North American Tour. Hailed by critics as "bigger and better than ever before," this production boasts many exciting special effects including the show's legendary chandelier, new scenic and lighting designs, new staging and choreography. The beloved story and thrilling score - with songs like "Music of the Night," "All I Ask Of You," and "Masquerade" - will be performed by a cast and orchestra of 52, making this PHANTOM one of the largest productions now on tour. You will be dropped off and given free time at Union Square for a no-host lunch and shopping before being picked up and dropped off at the Orpheum Theatre. After the performance the bus will pick you up.

**NOTE:** Fee includes matinee performance in Center Orchestra seating and chartered bus transportation.

A > Sat, Sept 19 \$159 8:30am - 7pm

B > Sat, Sept 26 \$159 8:30am - 7pm

C > Sat, Oct 3 \$159 8:30am - 7pm

# **Extended Trip Information Meeting**

# Come and see what MJC is offering in 2015 and 2016



### See slides, ask questions, and meet others with your same travel interest

### Saturday, June 13

2:00 p.m.

Perko's Café – Meeting Room 3500 Oakdale Road, Modesto

Call 575-6063 to RSVP

#### Wednesday, September 23

3:00 p.m.

**Modesto Junior College** 435 College Avenue, Modesto

Forum Building, Room 110

Call 575-6063 to RSVP and for a free parking pass!

# **Upcoming MJC Vacations Extended Trips**

All trips include round-trip airport transportation

# **Coming in** 2016 and 2017

Pacific Northwest & San Juan Islands August 2016

Greece & Its Islands - September 2016

Spain's Classics – October 2016

Costa Rica – World of Nature, Small Group Tour – February 2017

Imperial Cities – March 2017

Croatia – April 2017



# **=**Italian Vistas

#### October 31 - November 12, 2015 - 13 Days

This incredible 13-day trip showcases the best of Italy with multiple night stays in Rome, Florence, and Venice. Your tour begins in the Eternal City of Rome where you will stay the first three nights. Enjoy a classical Rome City Tour featuring the Piazza Venezia, the Roman Forum, the Circus Maximus, the Colosseum, and the Arch of Constantine. An optional tour is available to tour the Magnificent Treasures of the Vatican



Museums, the Sistine Chapel, and St. Peter's Basilica. Day five travel along the Bay of Naples and see the excavated ruins of Pompeii during a locally guided tour. Continue traveling to the scenic resort town of Sorrento, your home for



two nights. Day six a scenic boat brings you to the Isle of Capri. Explore this lovely area before traveling back to the Sorrento Coast. Days seven and eight travel to Florence, your home for the next two nights. In Florence you will visit Michelangelo's figure of David as well as a guided tour including the Piazza Del Duomo to see the Cathedral of Santa Maria del Fiore, and the famous Gates of Paradise on the Baptistery of St. John. You also view the Piazza Della Signoria with its Palazzo Vecchio. Day nine head toward the coast to the ancient Republic of Pisa, and stop at the Piazza Dei Miracoli along with the leaning tower of Pisa. After lunch at a Tuscan winery, continue on to Venice, your home for two nights. Built on 117 islands,

with 150 canals and 400 bridges, Venice, is known as one of the most enchanting cities in the world. Day ten your day begins with a boat trip (weather permitting) to Murano Island for an up-close glass-making demonstration. Return by boat to St. Mark's Square where a local expert provides a walking tour featuring the Clock Tower, St. Mark's Basilica; the Doge's Palace; and the famous Bridge of Sighs. This evening (weather permitting) an optional gondola serenade cruise is available. Day eleven depart Venice and drive to Verona, home of the epic love story, Romeo and Juliet. Continue on to the picturesque Italian Lake District and the resort town of Stresa. Day twelve driving through the beautiful lake district of Italy, you cross into Switzerland and arrive at the lakeside resort of



Locarno, which offers excellent shopping opportunities. Tonight you are transported by boat to your farewell dinner on Isola dei Pescatori for a farewell dinner. Day thirteen head for home with memories of a lifetime.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 18 meals included. \$510 deposit per person due upon registration. .

Call 575-6065 for prices and availability

# **COLORS OF** NEW ENGLAND

October 6-13, 2015 8 Days



This fall foliage trip starts with a two night stay in historic Boston. <u>Day two</u> enjoy a sightseeing tour of the Old South Meeting House, Public Gardens, Old North Church and Beacon Hill. After a stop at Faneuil Hall Marketplace, the afternoon is at leisure. Tonight, enjoy a welcome dinner with your fellow passengers at a favorite restaurant. On Day three depart Boston for

Vermont, the "Green Mountain State". See traditional white steeple churches, quaint villages and tree-covered mountainsides along the journey. In Woodstock, a covered bridge in the town center, along with the beautiful Georgian houses that surround the town green, adds credence to its reputation as "the quintessential New England village". Visit the impressive 165 foot deep, mile-long Quechee Gorge, before arriving in Stowe for a two night stay. Day four visit the Cold Hollow Cider Mill to watch apples being transformed into cider the old-fashioned way. Next, a tour of Ben & Jerry's Ice Cream Factory teaches you about the ice

cream process and even provides a sample for you to taste. The afternoon is at leisure. Day five soak in the lovely New England countryside as you journey to North Conway, New Hampshire for your two night stay. En route, visit the Rocks Estate, home to the North Country Conservation & Education Center. Learn about the history and importance of maple sugaring as you tour the farm. Day six board the M/S Mount Washington and spend an hour cruising Lake Winnipesauke. After your cruise, visit the charming town of Wolfeboro. Later, return to North Conway via the Kancamagus Highway, a scenic byway offering spectacular views of the region. Day seven depart New Hampshire for Maine, arriving in Boothbay Harbor. This afternoon, experience a cruise through



Boothbay Harbor for spectacular views of the coast, including lighthouses and other scenery. Tonight, enjoy the camaraderie of your fellow travelers during a farewell dinner featuring fresh Maine lobster and all the fixings! <u>Day eight</u> travel through the seaside community of Kennebunkport. See Walker's Point, former President George H.W. Bush's summer home. Then, return to Boston for your flight home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round-trip airport transportation, hotel transfers, and 10 meals included. \$455 deposit per person due upon registration. Save \$150 and book by April 6, 2015.

Call 575-6065 for prices and availability

# AMISH COUNTRY CHRISTMAS

December 4 - 10, 2015 - 7 Davs

Get into the Christmas spirit with this charming tour that takes you into the heart of Amish Country. Fly into Philadelphia for a two night stay. Day two, visit the Brandywine River Museum, noted for its Wyeth paintings. At Christmas time it's decorated with the many faces of Claus, antique doll collections and other special decorations. Later, tour Longwood Gardens where you will see the famous



Christmas Flower displays in their indoor conservatories. Dine this evening at The Terrace Restaurant, located at Longwood Gardens. Day three embark on a tour of the "Birthplace of a New Nation." Highlights include a visit to the Liberty Bell and Independence Hall. A stop is made at the visitor center to view the movie Independence before departing for a four night stay in Amish Country. Day four visit Wheatland, the home of our 15th president, James Buchanan. Afterwards, visit the Farmer's Market and Kitchen Kettle Complex before a local guide takes you on a



tour of the Amish farmlands. Learn about the history and traditions of the Amish people. Tonight, members of the local Amish community join you at a traditional dinner featuring local specialties. Day five visit an Amish store where furniture and guilts are displayed. Later, stop at the National Christmas Center. Tonight, dinner is followed by

a show at the Dutch Apple Dinner Theatre. Day six begins with a trip to Hershey's Chocolate World, USA. You'll also visit Founder's Hall, the marble memorial dedicated to Milton Hershey by graduates of his Hershey School, a private institution offering free education for needy children. Tonight before your farewell dinner, enjoy a cooking demonstration on making a local favorite – apple dumplings. <u>Day</u> seven the tour ends and you fly home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 10 meals included. \$455 deposit per person due upon registration. Book by May 28, 2015.

Double \$2,554 per person Single \$2,954 per person 

A Taste of South Pacific

February 11 – 23, 2016 – 13 Days

Enjoy multiple night stays in Cairns, Sydney, & Fiji. Arrive in Cairns on Day three after crossing the International Dateline. Tonight, enjoy a get acquainted welcome dinner. Day four set out on a high speed catamaran to the Great Barrier Reef. This immense series of 2,800 coral reefs are home to diverse marine life. Explore the reef from your base on Green Island. Enjoy a glass bottom boat ride, snorkel, or relax on the beaches. Day five visit the Tjapukai Aboriginal Cultural Park to meet Australia's original inhabitants. See the traditional dances, learn how to play a didgeridoo, or throw a boomerang. Next, visit Hartley's Croc Farm to see crocodiles before enjoying an Aussie barbecue. Day six enjoy a day of leisure. You may elect for the optional ride on the Skyrail Rainforest Cableway. Day seven fly to the bustling city of Sydney. Day eight embark on a city tour highlighting Kings Cross, the Harbour Bridge, Chinatown, the Rocks, Circular Quay, and more. Discover one of the world's most architectural sights as you take a guided tour of the Sydney Opera House. Next, learn how raw opals are mined and transformed at the National Opal Centre. The evening is at leisure. Day nine enjoy a day of independent exploration. You may elect for the optional tour to Koala Park for an up-close and personal chance to learn about native wildlife down under. Tonight, say goodbye to Australia during a harbor dinner cruise, where you will marvel at the sights and skyline of the Sydney Opera House and the Harbour Bridge. Day ten depart Sydney and arrive in the beautiful tropical paradise of Fiji for the final first the final first the final first the final first the final first the final first the final first the final first the final first the final first the final first the final first the final first the final first the final first the first the first the first the first the first the first the first the first the first the first the first the first the first the firs



# **Exploring South Africa,** Victoria Falls & Botswana

April 27 - May 10, 2016 - 14 Days **Optional 3 night Dubai Pre-Tour Extension** 

This **Small group tour** of 12 to 24 passengers allows for a more personalized vacation setting. Arrive on Day two at the beautiful harborside city of Cape Town. Day three step aboard a cable car that whisks you to an altitude of more than 3,000 feet atop Table Mountain. Return to the city via Table Bay, passing through the Moorish Malay



Quarter and pausing at Milnerton Lighthouse. The afternoon is at leisure. This evening your welcome dinner provides true African dining experience with drumming and a traditional hand washing ceremony before sampling local delicacies. Day four travel out to Cape Point on the southwestern tip of Africa. Come to know the Cape of Good Hope and take a tram to the top of the mountain. Hike down and continue on to Boulder Beach to see the penguins who call it home. Later this evening, enjoy a home-hosted dinner with a local family and learn about their daily life. Day five Depart Cape Town and travel along the coast to the seaside village of Hermanus. After lunch at a winery, arrive at the hotel and enjoy leisure time. Day six is at leisure. Day seven fly to Johannesburg. Upon arrival head to the Entabeni Conservancy for an afternoon game drive in search of the "Big Five". Day eight rise before the sun and set out on another game drive. Enjoy coffee and tea in the bush before returning to the lodge for breakfast. Later, a ranger takes you on a wildlife track identification walk. After lunch, go back out on another game drive. Day nine carry on your



quest for the "Big Five" before breakfast. Later, en route to Johannesburg, travel to Soweto where a guided tour showcases luxurious mansions and informal settlements. Day ten fly to Victoria Falls, Zimbabwe. Spend time at a local village learning about their culture. Embark on a walking tour of stunning Victoria Falls. Day eleven depart early in the morning on an elephant back safari with a chance to meet and interact with African elephants! Continue on to explore a local craft market before free time at the lodge. Day twelve watch for bushbuck as well as bird life during a nature walk with a local guide. Cross the border as you travel to Chobe, Botswana. An

exciting safari cruise awaits. Day thirteen features morning and afternoon game drives in the Chobe National Park. This evening, enjoy dinner by the river hosted by a chef teaching the art of cooking a traditional Braai (barbeque) complete with some local favorites such as game meat. <u>Day fourteen</u> fly to Johannesburg where your tour comes to a close.

Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 23 meals included. \$550 deposit per person due upon registration. Save \$200 and book by September 28, 2015.

Double \$8,099 per person Single \$9,399 per person 文

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# HERITAGE OF america

April 1 - 10, 2016 - 10 Days



Explore America's heritage and history on this tour that begins in New York City and ends in Washington, D.C. Arrive on <u>Day one</u> in New York City. <u>Day</u> two enjoy a welcome breakfast at the famous Ellen's Stardust Diner. Next, tour the "Big Apple" with a local guide. See Greenwich Village, Little Italy, Chinatown, the Empire State Building, Central Park and more. Visit St. Paul's Chapel in

lower Manhattan. The afternoon is at leisure. Day three travel to Philadelphia for a tour of "the Birthplace of a New Nation" which highlights the Liberty Bell and Independence Hall. Independence Hall is rich in heritage as the location of both the signing of the Declaration of Independence and the drafting of the Constitution. Continue on to Amish Country of Lancaster, the second largest Amish community in America. Day four visit Wheatland, home of our 15th president, James Buchanan. Afterwards, visit the Farmer's Market and Kitchen Kettle Complex before a local guide takes you on a tour

of the Amish farmlands. Learn about the history and traditions of the Amish people. Tonight, members of the local Amish community join you at a traditional dinner featuring local specialties. Day five journey to Gettysburg, site of the Union victory that marked a turning point in the Civil War. A guided tour of the site illuminates those three historic days in 1863 and the battle that changed the course of American history forever. Day six visit Monticello, home of Thomas Jefferson, our 3rd president and author of the Declaration of Independence. This afternoon, travel to the historic town of Williamsburg where you will dine in a Colonial Williamsburg tavern specializing in colonial fare. Day seven view, "Story of a Patriot", a short film that



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introduces you to Colonial Williamsburg. Costumed re-enactors populate the streets and buildings, bringing 1770 to life. Next, tour Governor's Palace and Gardens before enjoying leisure time. Day eight, visit Mount Vernon, home of our 1st president, George Washington. After leisure time to enjoy the grounds, travel to Washington, D.C. and spend the afternoon exploring the world-famous Smithsonian Institution's countless treasures. <u>Day nine</u> embark on a guided tour of America's capital. View the Capitol building, the White House, monuments and museums. Next, stop at the White House Visitor Center, World War II Memorial, the Vietnam Veterans Memorial, and the Korean War Memorial. Your tour ends with a photo stop at the U.S. Capitol building. Later, visit Arlington National Cemetery to view the Tomb of the Unknowns. Tonight enjoy a farewell dinner with your fellow travelers. Day ten the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 14 meals included. \$455 deposit per person due upon registration. Save \$100 and book by October 1, 2015.

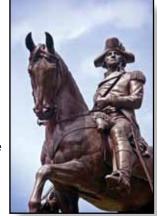
Double \$3,199 per person Single \$3,999 per person

# Islands of New England

June 2016 - 8 Days

This tour highlights the beauty and charm of New England. Unpack only twice;

spend three nights in Providence, Rhode Island and four nights in Cape Cod, Massachusetts. Day one your tour begins in Providence. Day two after a sightseeing tour of Providence, depart for Newport, the Yachting Capital of the East. Travel along Ocean Drive en route to Bellevue Avenue which is lined with 11 historic mansions representative of America's Gilded Age. Begun in the 1800's as summer "cottages", 7 of the 11 mansions have been designated national Historic Landmarks. You will tour the Marble House, built by Mr. and Mrs. William Vanderbilt. Day three travel to historic Boston for a day of sightseeing, highlighting: Beacon Hill, the Old South Meeting House, Boston Public Gardens, the historic North End,



Old North Church, the U.S.S. Constitution and Faneuil Hall. During free time, stroll along the famed 2.5 mile Freedom Trail. Day four depart Providence for Cape Cod. Stop in the celebrated city of Plymouth where the Pilgrims landed in 1620. See legendary Plymouth Rock and board a reproduction of the Mayflower, the 102 passenger ship used by the Pilgrims for the 65-day journey from Eng-

land. After a visit to Plimoth Plantation, a re-creation of a 17th century village; indulge in a traditional, New England lobster feast. Day five travel by ferry to Martha's Vineyard. A local guide will show you this enchanting

island known for visits by presidents and royalty. Day six step whisks you tour and from cobbleand light-



to Nantucket. Upon arrival you'll explore the beauty of the island, stoned Main Street to its beaches houses. Day seven begins with

a tour of Hyannis, home of the Kennedy compound. After a stop at the John F. Kennedy Memorial, visit Provincetown; a lively artist colony. Tonight enjoy your farewell dinner. Day eight the tour ends and you head home.

Call for a brochure.

## The Best of Eastern Canada

Featuring Montreal, Quebec City, Ottawa, Niagara Falls & Toronto September 2016 – 8 Days



The tour begins in Montreal, Quebec. Your two night stay includes a sightseeing tour of Montreal highlighting Notre Dame Cathedral, St. Joseph's Oratory, Jacques Cartier Square, and McGill University. Day three depart for Quebec City where you will have a sightseeing tour of both Old and New Quebec. See the stately Chateau Frontenac, the Parliament, the St. Louis Arch, and Place

Royale, the site of the original settlement of the city of Quebec. <u>Day four</u> enjoy breakfast at a local sugar shack and learn the traditions of maple syrup making. The afternoon is yours to enjoy at your leisure. <u>Day five</u> depart for Ottawa the capital of Canada. This afternoon embark on a city tour showcasing the Rideau Canal, the Prime Minister's residence, Rideau Fall, the Supreme Court, and Byward Market. Day six travel from Ottawa to Toronto. This afternoon enjoy a sightsee-

ing tour that includes the business district, the University of Toronto and Yorkville, home of upscale restaurants and trendy shops with leisure time to explore on your own. Day seven travel to the thundering and awe-inspiring Niagara Falls. Of course, no visit to Niagara Falls would be complete without experiencing the incredible Maid of the Mist cruise. Board the boat to see and feel the falls up close.



Enjoy your farewell dinner this evening and the end of this incredible vacation. Day eight the tour ends and you head home.

Call for a brochure.

# GRAND CIRCLE RIVER CRUISE Information Meeting

### Monday, June 1, 2015 - 4:00 PM

**Modesto Junior College** 435 College Avenue, Modesto, Forum Bldg., Room 110 Call 575-6063 for a free parking pass



### **Eastern Europe to the Black Sea** May 2016 - 13 Days

Highlights: Budapest, Hungary • Vukovar, Croatia • Belgrade, Serbia • Bulgaria, Vidin and Ruse • Romania, Constanta and Bucharest • Home hosted lunch • Captain's Welcome & Farewell Reception/Dinners • Optional Transylvania extension

This 13 day trip sails continuously along the Danube River from Budapest all the way to the Constanta at the Black Sea. Unpack once and enjoy 10 nights onboard one of Grand Circle's award-winning river ships. You will step ashore in five Eastern European nations - Hungary, Croatia, Serbia, Bulgaria and Romania. Visit both Old World villages and rejuvenated world capitals filled with history. Enjoy a home-hosted lunch in Croatia, where you'll witness nature's amazing Iron Gates while cruising between Serbia and Romania. Discover what life was really like here during discussions with the locals and the resident Program Directors. Plus, you'll visit historic, seaside Constanta, Romania before traveling by motorcoach for one final night in Bucharest before flying home. Don't miss this once-in-a-lifetime trip to experience this unique part of the world.

32 meals: 11 breakfasts, 10 lunches, and 11 dinners included.

### **Christmas Markets along the Rhine** December 2016 - 12 Days

Highlights: Amsterdam, The Netherlands • Cologne, Koblenz, Mainz, Speyer, Baden-Baden, Briesach, Germany • Strasbourg, France • Basel, Switzerland • Home hosted Kaffeklatsch • Stollen cooking demonstration • Europeans Today discussion

Cruise the Rhine River during the holidays, gliding past the sight of medieval land-

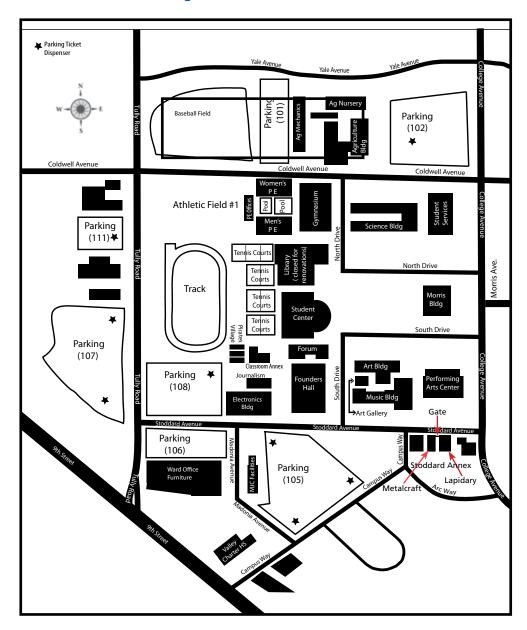


scapes glittering with colorful lights. Hear the familiar, heartwarming melodies of "Silent Night" and "O Christmas Tree" sung in their original German. Enjoy the excitement of the traditional Christkindlmarkt (Christmas Market), brimming with handmade toys and ornaments, and filled with the delicious aromas of freshly baked cookies and Gluhwein, a delicious, warm mulled wine. An early December trip is a wonderful gift that will remain a treasured holiday memory for years to come. Sail along the Rhine River from Amsterdam, The Netherlands to Basel, Switzerland. Unpack once and enjoy 10 nights onboard one of Grand Circle's award winning river ships.

30 meals: 10 breakfasts, 10 lunches, and 10 dinners included.

### **Modesto Junior College - EAST Campus**

435 College Avenue, Modesto, CA 95350



## **Off-Campus Location Key**

Dania Hall - 416 1/2 "I" Street, Modesto

Direct Appliance - 2424 McHenry Avenue, Modesto

McHenry Golf Center - 1550 McHenry Avenue, Modesto

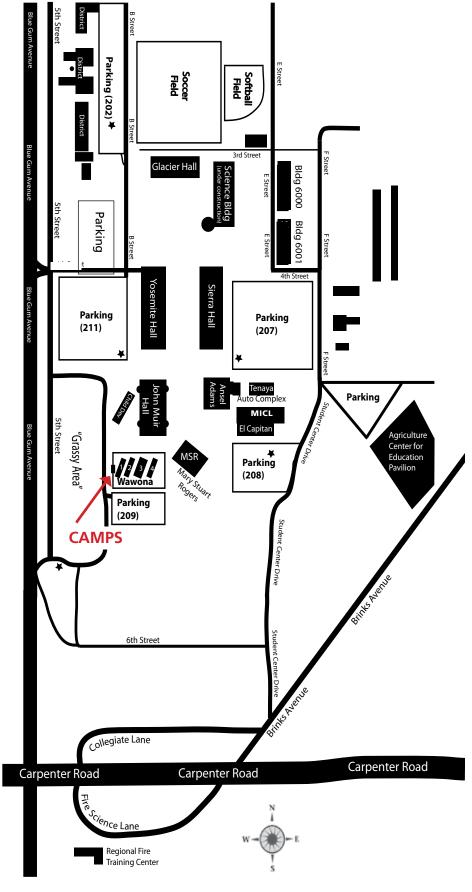
VCHS (Valley Charter High School) - 108 Campus Way (off of Stoddard Avenue) - Corner of 9th Street and Campus Way

Village Yoga - 1700 McHenry Avenue, Modesto, Ste. 66C

You Can Dance - 1501 Coffee Rd, Suite P, Modesto

### **Modesto Junior College - WEST Campus**

2201 Blue Gum Avenue, Modesto, CA 95358



# Registration Form and Information

**ONLINE** www.mjc4life.org — Register online and save \$3. If you register online you will receive instant verification of enrollment!

> All registrations except online registration, trips and motorcycle training, pharmacy, phlebotomy, and paralegal will be charged a \$3 registration fee.

> If you already have a Student Profile at www.mjc4life.org, sign in (left hand column). If you have forgotten your Username or Password please call our office at 575-6063.

> If you have not registered for a Community Education class/trip before, please click on Sign In on the left side, and then "Create New Student Profile." Once you have created your profile, you can sign in and register for classes at anytime using the information you submitted. It's the easiest, quickest way to register!

- **PHONE 575-6063** If you cannot register online, call and register over the telephone with a MasterCard, Visa or Discover credit card/debit card. There will be a \$3 registration fee added to your order. Please have all information requested on the registration form below available when you call.
- WALK-IN Morris Memorial Admin. Bldg, Rm 204, East Campus, 435 College Ave, Modesto Register in person - Hours: Mon-Fri, 8am-5pm. \$3 fee charged for most classes.
  - MAIL MJC Community Education, 435 College Avenue, Modesto, CA 95350 Send completed registration form (or copy of it) to MJC Community Education. If you'd like a confirmation returned to you, please enclose a self-addressed, stamped envelope. Add \$3 registration fee to the total (see form below).
    - FAX 575-6025 Be sure to include credit card information on your registration form. Add the \$3 registration fee to the total (see form below).

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REGISTRATION FORM		Quest	tions? Call 575-6063			
First Name	Last Nam	e				
Mailing Address						
City	Zip					
Gender: ☐ M ☐ F   Date of Birth						
Home Phone	e Work/Mobile					
Email Address						
REQUIRED for registration:  I have read the Refund Policy on page 65.						
Write the Class Title (or enough of the title to clearly identify the class) as well as the appropriate Section Letter (A - B - C) if listed. Also Include the Start Date (i.e., June 3).						
CLASS TITLE (and Section Letter if needed (A	- B - C)	START DATE	PRICE			
Registration Fee (If you are NOT registering online please add this \$3 fee)						
		TOTAL				
Credit Card #						
Expiration DateLast	3 numbers o	on back of card				
Name on Card (PLEASE PRINT)						
Card Holder Signature						

# **Frequently Asked Questions**

#### Can I register in the classroom?

Walk-in registration is on a space-available basis. You can only pay for a class at the door with check, money order made payable to MJC, or credit/debit card. NOTE: No unregistered people are allowed in the class (parents, children, infants, guests).

# Can I stay in the class with my child?

No. Unless the class is specifically set up as a parent/child class, or parent participation is encouraged, we ask that you not stay in the class with your child. If your child is not able to stay by themselves in a classroom setting, please wait until they are older.

#### What do the fees pay for?

Community Education classes/trips do not receive tax support. Your enrollment fees pay all costs of the program. In some cases there are additional material fees collected either by the instructor or at the time of registration for books or class supplies.

#### Do I have to pay for parking?

MJC parking regulations are in effect 24 hours a day from 7 a.m. on Monday thru 5 p.m. on Friday. Student parking is permitted in designated areas on the East and West Campus. Persons who park on campus are required to pay a fee. A daily ticket may be purchased from any campus parking ticket dispenser, located in the parking lots, for \$2.00. Street parking is free.

#### Why are offerings cancelled?

Community Education offerings do not receive funding from the state, so there is a minimum number of students who must be enrolled in order for an offering to be held. The decision whether or not to cancel is made 2-3 days before the start date and is based on the number of fully paid fees on that date. So please register early.

#### **Supply Lists**

Some of our offerings require a supply list. If you don't receive one, call our office at 575-6063 a few days before the start date. They are also posted on our web site at www.mjc.edu/commed. DO NOT purchase supplies until you have checked with our office at 575-6063 to confirm the class will be held.

### **Refund Policy**

#### **OFFERINGS**

If you cancel at least seven days prior to the start date, you will be refunded your registration fee, less a \$20 processing fee. Any time after the seven days prior to class, or once an offering begins, we are unable to refund any portion of your fee. Different refund policies apply to trips and tours - see page 51.

#### **CANCELLED OFFERINGS**

A full (100%) refund will be given for an offering or trip that the college cancels. Refunds take a few weeks to process. If you pay by credit card, your account will be credited, if you pay by check or cash, you will receive a check in the mail.

#### **ON-LINE REGISTRATION**

If you registered over the internet you MUST call our office to receive a refund.

#### Will I receive college credits?

No - all of Community Education classes are not-for-profit. You may request an Award of Attendance once the class is over - no other records will be kept. To receive credits, you would need to choose an MJC credit class.

#### Can my child take an adult class?

With the Minor Consent form and Student Conduct form (online at www.mjc4life.org) a child ages 14-17 may register for an adult class. Turn these forms in when you register your child. The instructor needs to okay the child in their class. Call for age requirements for Motorcycle classes.

#### **Can I get Financial Aid?**

Because we do not receive state funding to help support our program, our classes are not eligible for financial aid.

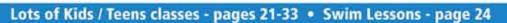
#### Special Accommodations

Requests for reasonable accommodations for disabilities must be made at the time of registration and at least 10 days before the event. Every effort within our ability and legal responsibility will be made to meet your request. If you require an elevator for a second-level classroom, please let our office know when you register for your class.



2015 Summer MJC Camps for Kids







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Not printed at taxpayer expense. Community Education classes are not-for-credit, and fully fee supported.